

# INSIDER

The Magazine of ACFSA  
The Association of Correctional Food Service Affiliates



▶ **INSIDE THIS ISSUE...**  
*2012 Scholarship Applications  
 Submit Today!*  
*2012 Awards Info!  
 Submit your Nominations Now!*  
*2011 Conference Wrap-Up*  
*2012 Conference Registration*  
*CCFP Update*

**BUD CHAMBERS**  
**2011 FOUNDER'S AWARD WINNER**



PRSRRT STD  
 Us Postage  
 PAID  
 Permit #271  
 Tucson, AZ

# Food Waste Scrapping Solutions



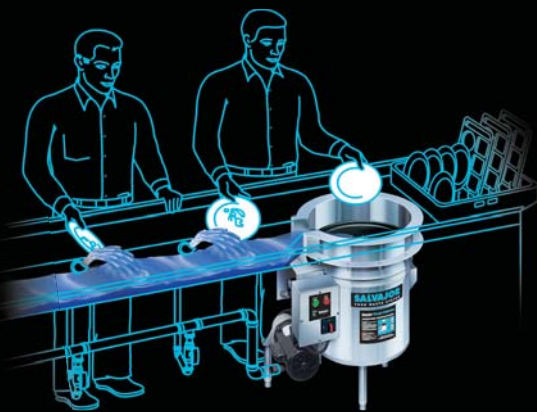
## TroughVeyor®

### A Food Waste Conveying and Disposing System

When dealing with volume users like casinos, convention centers, university cafeterias or correctional facilities the TroughVeyor system will increase the speed of scrapping and pre-rinsing while reducing labor and water cost. The TroughVeyor system allows multiple operators to scrap food waste anywhere along the trough of fast moving recirculated water that carries waste to the disposer. The TroughVeyor system consumes half the fresh water when compared to the slow fresh water trough method.



[View How it Works](#)



## Trough Collector™

An alternative solution is the Salvajor Trough Collector system. It has the same benefits as the TroughVeyor system but does not utilize a disposer. By collecting fibrous and non-soluble food waste, the Trough Collector system can reduce bulk waste by up to 50% while using only 2 gallons of fresh water per minute.

*An ideal solution for collecting food waste for composting!*

Since 1944 • [salvajor.com](http://salvajor.com)



#1 BRAND in FOOD WASTE SOLUTIONS

# CONTENTS

Winter 2011

## COLUMNS

President's Message . . . . .	2
Executive Director's Message . . . . .	3
Past - President's Message . . . . .	4
2012 Policy Letters, Nomination Forms & Applications . . . . .	22-31
Education Report . . . . .	35
CCFP Update . . . . .	36
CFSM Course Information & Enrollment Form . . . . .	37-38
Regional Reports . . . . .	39-41
Chapter Chatter . . . . .	42
Professional Partner Report . . . . .	43
ACFSA Board of Directors, Committee Chairs & Liaisons . . . . .	44
Chapter Presidents & State and Provincial Contacts . . . . .	45
ACFSA Regions . . . . .	46
New ACFSA Members . . . . .	48

## ARTICLES

The 2011 Silent Auction - The Results Are In! . . . . .	1
Dietitian's Corner - Conference Luncheon Wrap-Up . . . . .	5
Greetings Fellow ACFSA Members . . . . .	8
My 2011 Conference Experience . . . . .	9
The Gang's All Here . . . . .	11
2011 ACFSA Award Winners . . . . .	12
2011 ACFSA Conference Highlights . . . . .	15
2011 ACFSA Conference - Best Booths . . . . .	16
Thank You 2011 ACFSA Conference Sponsors . . . . .	17
2012 ACFSA Annual International Conference . . . . .	18-20
Why You Should Attend the Annual Conference . . . . .	21
Candor - A Risk You Can Afford to Take . . . . .	32
Diet and Behavior- What Are the Facts? . . . . .	33
Carrots, Eggs & Coffee . . . . .	34
Integrity . . . . .	43
Save the Date! - New Orleans 2012 . . . . .	47
ACFSA Membership/Application . . . . .	48-49

Copyright © 2011 ACFSA. All Rights Reserved.

INSIDER is published quarterly (Spring/March; Summer/June; Fall/September; Winter/December) by the **Association of Correctional Food Service Affiliates**, 210 N. Glenoaks Blvd., Suite C, Burbank, CA 91502; Phone: (818) 843-6608, Fax: (818) 843-7423 ▲ website: [www.acfsa.org](http://www.acfsa.org).

## *The 2011 Silent Auction - The Results Are In!*

**A**s you probably already know, the Annual Silent Auction & Basket Challenge held at Conference each year raises funds for the ACFSA Scholarship Fund. The 2011 show was no exception and with all of the items that were donated, we were able to add \$1135 to the coffers! Well done! Your contributions will help to ensure that members who may need the financial help making their way to Conference will get it.

This year we had baskets and items from the Virginia Chapter (3), the Northern Lakes Chapter (2), the Tennessee Chapter, Minnesota, Plastocon, Intersect USA, Indianhead Food Service - Eua Claire, Wisconsin as well as from a number of individuals. A huge THANK YOU goes out to all that donated items, and to those that bid on and paid for the items!

Start thinking now about the baskets and/or items that you want to add to the mix at the 2012 Show! It is a lot of fun and goes to a great cause. And, there is sure to be a spirited competition among the Chapters, so join in the fun! More details as we get closer.

Speaking of Scholarships, the deadline for submission of the 2012 Scholarship Applications is February 1, 2012. If you are planning to apply for one, you will want to do so pretty quickly. The 2012 Show is sure to be one of the best ever! To make it easy for you, we have the form available in this issue of INSIDER and on-line at [www.ACFSA.org](http://www.ACFSA.org).



# President's Message

By Benson Li, ACFSA President



**I**t has been a challenging year for ACFSA. The economic climate continued to hinder the growth of our membership. Correctional facility budgets are declining and operation costs are escalating. The theme for the 42<sup>nd</sup> International Conference was “BUILDING SUCCESS THROUGH TEAMWORK.” We understand that we have to do more with less; the question is “How are we going to get it done?”

I would like to thank the Conference Committee for doing a fantastic job in organizing this sold-out conference in Norfolk, Virginia. The conference was full of creative ideas. Our Professional Partners continued to offer money saving deals that were difficult to ignore. The quest for building successful teamwork resulted in a successful conference. The attendees and professional partners are looking forward to another great year as we meet again at the 43<sup>rd</sup> International Conference in the New Orleans, LA.

The Board of Directors, working as a team, conducts phone conferences every month with great enthusiasm. I am pleased to report to our membership that our management company has been fantastic. ACFSA is now financially sound, in spite of the economy. We have gained new chapters such as Tennessee, Maryland and Delaware. There are other chapters that are in the process of being formed. We were successful in creating Region V.

*I would like to thank all of you  
for your support of ACFSA.  
Together, we are Building Success  
Through Teamwork!*

At the regional conference in June, Region V had 86 ACFSA members and 36 Professional Partners.

At our recent conference Northern Lakes Chapter received the Chapter of the Year Award. Please look at their website; I am sure you'll agree with me, “Team ACFSA” is full of talent. I would also like to congratulate Bud Chambers from Cambro as the winner of the Founder's Award; Jimmy Ledesma, CFSA, as the winner of the Operator of the Year and Heroism Awards; and Carol Thomas as the recipient of the President's Award.

On behalf of the Board of Directors, I would like to thank David Jacobs for serving his term as Professional Partner Representative – Food Services. Let's welcome Major Jim Beach, CCFP, as the Vice President; Phil Atkinson, as Vice-President Elect/Treasurer; Lt. Tim Thielman, CFSA as Region III Director; Paul Fortier as Region V Director; and Rick Morris as Professional Partner Representative – Food Services.

Above all, I would like to thank all of you for your support of ACFSA. “TOGETHER, WE ARE BUILDING SUCCESS THROUGH TEAMWORK.”

## The ACFSA Mission Statement

To develop and promote  
educational programs and networking activities;  
To improve professionalism; and to  
Provide an opportunity to broaden knowledge.

## Executive Director's Message

By Jon Nichols, ACFSA Executive Director



**I** seriously cannot believe that we are into December already! It seems like just yesterday we were all in the Norfolk heat sharing great times and learning about the latest tools that our Professional Partner's have in their "box or wares" and about the latest ideas to implement in our kitchens. But, believe

it or not, here we are! So, here we are, wrapping up another hugely successful year for ACFSA and ready to begin the next chapter.

In this issue of INSIDER, we look back on the great times we all had in Norfolk. I ask that you take a few extra moments to look at our Conference Sponsors and thank them for their support and contributions to our Association. For that matter, I want to thank ALL of our exhibiting Professional Partners for being with us. You are the life-blood of our Association and we truly appreciate all that you do.

Congratulations to Award Winners from 2011; Bud Chambers, Jimmy Ledesma and Carol Thomas. Your contributions to our Association are marked with the presentation of a trophy but those contributions are immeasurable as a model and bar set for future members. We are fortunate to have you in our ranks!

And, a VERY IMPORTANT NOTE! Submissions for 2012 Awards and Scholarships is February 1, 2012. That date will be here before you know it, so make sure that you fill in the names of the ACFSA Members that truly deserve recognition. Vote for the Chapter of the Year! And, by all means, put your name in the mix for the Scholarships to make your way to The Big Easy come August 19-23, 2012. We have a very special guest speaker, Patrick House, winner of the Biggest Loser 10, and a destination that is a star in itself. It's a chance to also make this a vacation opportunity!

So, enjoy the stories on the following pages and have a safe and happy holiday season! I will be in touch.



# FEDERAL SUPPLY USA

*Your Single Source for  
Correctional Foodservice  
Equipment and Supplies*



Since 1931

*Our People Make  
The Difference!*

**CALL TOLL FREE  
888•623•4499**

for

- Current correctional catalog
- Experienced & dependable sales consultants

**OR VISIT OUR WEBSITE:  
[www.federalsupply.com](http://www.federalsupply.com)**

# Past-President's Message

By Jim Hartman, ACFSA Past-President



**W**ell another International Conference has come and gone and now it is time to look to New Orleans. I want to thank everyone in the Virginia Chapter for all their hard work in making the 2011 Conference such a success. Without all your hard work and time spent, covering all the bases, we could not have accomplished it. I would like to give a special thanks to my Co-Chair, Ricky Clark for all his support. Again thanks to everyone for a great team effort.

If you weren't able to make the conference, you missed one of the best! From the time that the doors opened until they were closed there was plenty of great training, networking and entertainment. From the comments of the people who attended, there was a good time had by all. As we all know, our conferences could not take place if it were not for our won-

derful vendors who support us each year. The vendor show had a little more excitement this year with the Smack Down Contest which was set up by three of our vendors. They were Ann Ortiz, Mike Roberson and Christian Stoker. I think the best contest had to be the one between Robin "The Rattle Snake Sherman" and Jim "Runs with Scissors Beach". The Rattle Snake took him "to the cleaners". You had to be there to really see how much fun everyone had in the Smack Downs.

It's time to start making plans to attend our next International Conference in New Orleans in 2012. The Conference Chair is our Vice President Jim Beach. If any of you were at our last Summer Conference in New Orleans you will remember what a fantastic time we had. The city is making a great come back and I know that Jim will want to out-do his last performance. So start putting away the loose change, in your pocket/purse, you carry home each day. You will be surprised how much money you will have by next summer. Also there will be scholarships to help pay your way. Employee and Operator of the Year Awards are given as well which provide travel monies. So keep an eye out for the applications in the INSIDER and take time to apply.

We also need new officers for the Board of Directors each year. This is a great way to support your association and help set the direction for our success in the future.

Till next time, keep a smile on your face and make everyone wonder what you have been hiding.



Great People

People are Canteen's greatest asset. Their expertise, understanding and commitment enable us to anticipate and exceed our clients' needs.

We invest in their training.

We teach them how to respond in proactive, creative and cost-effective ways.

Picture your career at Canteen.

To apply, please go to: [www.compassgroupcareers.com](http://www.compassgroupcareers.com)  
Requisition number [NK0309117724](#)

# *Dietitians' Corner – Conference Luncheon Wrap-up*

*By Barbara Wakeen, MA, RD, LD, CCFP, CCHP*

**H**appy Fall Everyone!



This Dietitians' Corner is a summary of the **Dietitians in Corrections Networking Luncheon** at ACFSA and other hot topics of the quarter.

The DIC Networking Luncheon in Norfolk welcomed 18 RDs along with the Good Source staff who graciously sponsored our luncheon once again. Thank you Good Source!

Joe Montgomery presented a summary of the Menu and Nutrition Standards survey results of which many of you participated earlier this summer. The original goal of the survey was to gather information on nutritional standards; however, in our zeal to be all-inclusive, the survey resulted in a lengthy document.

A summary of some of the high points:

- There were 110 participants in total with appx 70 – 90 who answered most of the questions.
- More than half housed adults, with twelve (12) housing juvenile/adolescents only.
- The majority of the respondents from single facilities represented county/parish/city/community facilities with others from federal, state/provincial and private facilities. For multi-facility respondents, these were divided equally between state/provincial and the county/parish/city/community.
- Most of the facilities were self-operated (70 of 85 who responded).
- Of seventy-three (73) respondents, all held some type of accreditation – ACA, NCCHC, JCAHO, ICE, etc.
- Nineteen (19) of sixty three (63) offered different calorie levels to males and females.
- Seasonal menus were offered by 40% of seventy (70) respondents.
- 62.1% of sixty six respondents serve coffee.
- Overall, the calorie levels ranged from 2000 – 4000 kcal.
- The nutrient standards used in menu planning resulted in overlapping data with multiple standards being used – DRIs, RDAs, Food Guide Pyramid, MyPyramid.gov, 2005 Dietary Guidelines, 2010 Dietary Guidelines, 2006 AHA Recommendations, DASH Recommendations, ACA Standards, NCCHC Standards and the NSLP/SBP Child Nutrition Standards.
- Nutrient standards for analysis included – DRIs, RDAs, EARs, AIs, ULs, Nutrition Facts Panel and RDI. Again, with forty nine (49) respondents, we had overlapping data in this area.

*Continued on Page 6*



## *...we are all making changes toward healthier menus, especially in terms of trying to reduce the sodium content.*



- Allowances for a percentage less than 100% of adequate nutrients were acceptable by 35.1% of respondents (37 answered)
- Recent menu modifications noted included:
  - Heart-healthy menu
  - Reduced sodium and fat overall
  - Altered protein sources with increased soy
  - More baked items and less fried foods
  - Fortified beverages
  - Low sodium meats
  - Milk substitutes/alternates
  - Increased fiber, reduced fat/sodium, zero trans-fat,
  - Reduced fat milk
  - Vegan/vegetarian options
  - Reduced portions and calorie levels

Although this isn't unlike previous queries, we are all making changes toward healthier menus, especially in terms of trying to reduce the sodium content.

- Another topic (and current hot topic) that drew lots of discussion was allergy diets. Practices range from no alternates (as menu contained more than adequate nutrition) to honoring individual allergies. Some have adopted an 'Allergy Diet' menu that eliminates most allergens.
- Finally, the AMA Policy on 'Dietary Intake of Incarcerated Populations' was announced. (Note the policy listed in the previous Insider.)

### **Other Hot Topics**

- **Religious diets** continue to be points of discussion. Procedures for religious diets include pork-free and common fare menus, Halal and Kosher menus and kitchens, and pre-packaged Halal and Kosher meals – shelf stable and frozen.
- **Milk alternates** are increasingly popular where permitted. These range from being a fortified drink in various flavors to a 'milk-like' beverage containing similar calories as milk. Some of these contain some dairy; there are also vegan versions as well. All contain varying nutrients similar to that of milk and more. Protein and calories are limited in some.

### **Membership Information**

If you would like to be added to the Dietitians in Corrections networking EML, please email me directly at [bwakeen@neo.rr.com](mailto:bwakeen@neo.rr.com). This is an informal discussion group and your name/email address will be listed in each email sent to the group. You do not have to be a dietitian to be on the list.

If you are interested in joining the DHCC Corrections Sub-unit or if you are already a member and want to subscribe the DHCC EML or be listed in the directory, visit the DHCC web site at [www.dhccdpg.org](http://www.dhccdpg.org) or contact Joe Montgomery at [diet-n-corr@wolfecreek.net](mailto:diet-n-corr@wolfecreek.net). Emails communicated through this group are sent through a private email address.





# Simplify Your Specialty Diets

- *Delicious Single-Serve Meals*
- *Special Convenience Items for Commissaries and Bag Lunches*
- *Split Cases/Variety Packs Available*
- *No Minimum Orders*
- *Fast Turn Around- 3-5 Days for Delivery*
- *Free Training CD's:*
  - *"The Gluten Free Kitchen"*
  - *"Creating a Halal Friendly Kitchen"*

**Halal**  
*Kosher*  
**Gluten Free**  
*Vegetarian*  
**Sugar Free**  
*Low Sodium*  
**Vegan**  
*Organic*  
**Adaptive**  
**Equipment**



ACFSA INSIDER  
[www.FoodserviceExpress.com](http://www.FoodserviceExpress.com)

Contact Jeff Pribyl Directly  
763- 233-0125  
1-800-633-3438

# Greetings Fellow ACFSA Members!!

*By Ricky Clark, CFMS, CDM, CFPP, CCFP, 2011 ACFSA Conference Co-Chair*

**W**ords can't describe the pride I feel in my heart for the wonderful conference we experienced in Norfolk in August! Thank you so much to all who were in attendance and for all the hard work and support we received from each of you!! The comments I heard from all of you let me know that the efforts that went into making it a special conference paid off. Jim and I are so appreciative of our committees that were so dedicated and worked so hard to make sure everything went well, and that you all had a great experience.

I know that many of you were there for the first time and others already knew what a great experience that an International Conference can be. So what now? Now it is time for each of you to see the value in your association and step up to the plate and become a member or get active in your chapter. This is where the fun begins and the new relationships start to form! The family that I have met in my association is so dear to me and we will always be there for each other, no matter what.

Many of our states are without chapters and leaders so I'm asking that each of you look inside to determine if you are the one who will step up and get a chapter going in your state. We have had three new chapters started this past year and I think we can double that next year! There are so many talented people in ACFSA who are just waiting on someone to say, "Will you help"? If everyone pitches in, it is not a hard task and the reward you get from seeing that ACFSA family start in your state is awesome!! I challenge each of you to get involved and let's take our association to a level we've never known before! We are the only Correctional

Food Service Association in existence. Let's give them something to talk about in 2012!!

The best form of advertisement is your testimony! Let your peers and your supervisors know the great experience you had at the conference. By getting involved and professionally growing, your supervisor will see you as a better employee and be more apt to support your request to go to conferences and meetings. So I'm claiming this as the year that ACFSA will shine!! Won't you join me? Together we can make this the best year ever!! Reach out and touch someone this year and make their life better with a new family of support!!

## ***Virginia Contingent:***

*Ricky Clark, Carol Thomas, Linda Shear and Harold Clarke, Director of the Virginia DOC enjoy the Opening Reception at the 2011 ACFSA International Conference in Norfolk, Virginia.*



# My ACFSA 2011 Conference Experience

By Joan L. Daley

**W**hen I saw the notice in the Insider magazine that the ACFSA Conference would be held in Virginia, I thought to myself that it was close enough to New York City for me to drive there. Not knowing how long it would take or any other details like that, I decided I wanted to go. I was hoping my employer would pay for the trip like it did in 2003 when I went to Daytona Beach, Florida to the ACFSA Conference, for the very first time.

*I recognized Mr. Benson Li from his newsletter picture.*

*I went up to him and introduced myself. He was pleasant and kind.*

A few weeks later, I noticed that there was an opportunity to sign up for a scholarship to the 2011 Conference. Even though I was very busy at work, I remembered dropping the signed scholarship application in the mail two days before the deadline! I put it out of my mind because I was occupied with my work and personal life. I had forgotten all about the scholarship. I e-mailed my manager that I would like to attend the Conference. My manager told me the Department would not fund my trip to the Conference in Virginia. I was disappointed, but I had purposed it in my mind to attend the Conference anyway. Later on, I received a letter notifying me that I was a recipient of the scholarship! I was surprised and pleased. This good news could not have come at a better time! I was looking forward to attending the four-day Conference in a place I had never been before—Norfolk, Virginia here I come!

After debating with my colleagues whether to drive or take Greyhound, I decided at the last minute to take the bus. It rained that entire Sunday. I waited in the line at seven in the morning at the New York City Port Authority Bus Terminal at 41<sup>st</sup> Street and Eight Avenue in Manhattan. I decided to take the bus and read, sleep, and reminisce for the eight-hour drive to Norfolk. There weren't too many people on the bus. Since I sat two rows from the bus driver, I had a pleasant trip. I was concerned when I realized that I would arrive at the same time the Opening Reception would begin.



I was amazed that the taxi driver was at the Hotel in less than three minutes. I quickly readied myself and went to the reception. I was standing in line to get a drink, not knowing that I needed a ticket. A tall, gentle giant of a guy who was behind me saw my plight and offered me his drink ticket. Kory was a first-time attendee from Virginia. I thanked him and tried to find a familiar face in the crowded, noisy hall. I recognized Mr. Benson Li from his newsletter picture. I went up to him and introduced myself. He was pleasant and kind. I did not realize that I had missed the morning registration en route to the Conference.

The next morning I was able to register and attend the opening ceremony. I saw a familiar face from last night; therefore, I went all the way in the back and sat next to a first-time attendee from Virginia.

*Continued on Page 10*

## *My ACFSA Conference Experience by Joan L. Daley Continued...*

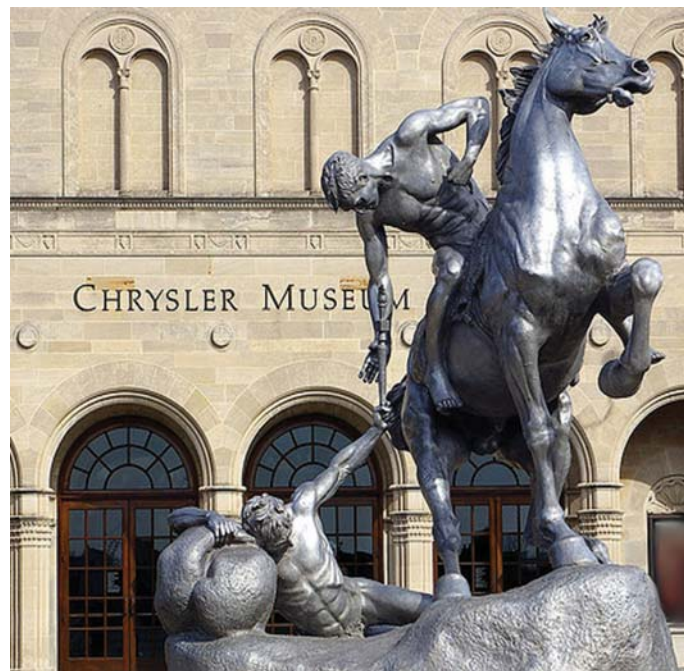
Kory had introduced me to her and a few others last night. I was speaking with Teresa and I did not realize that my manager was sitting behind me the entire time! I attended all the seminars, workshops, and luncheon listed on the program, if it did not conflict with a lecture I really wanted to hear. I learned what they meant by the phrase “belly wash”, “menu engineering”, “scratch cooking”, “opportunity buy”, “milk substitutes”, “sun butter”, “carb-counting”, and many more jargons. I loved when speakers mentioned the quote: “an eye for an eye makes the whole world blind” and “we’re in the people business.” Of interest was the research proving that inmates who regularly attend religious services were better behaved and display less depression than other inmates.

At the vendor show I saw and handled stainless- steel equipment that looked like a large kitchen sink. I didn’t know such a thing existed. It power washes vegetables. I also met two vendor representatives that I spoke to by telephone but have never seen until the Vendor Show. It was wonderful. We talked briefly. I sat at their table during the banquet that very evening. There was a wealth of information divulged from experts in the field. I felt blessed to experience the energy and knowledge in the room.



I was able to squeeze in some sight-seeing time.  
I was able to take the free blue bus and connect with

the city bus to the zoo. I walked around and saw the exotic animals, snakes and birds. I also visited the Chrysler Museum to view the paintings, sculptures and glass figurines on display. At the front entrance was a statue of a person on horseback lifting up a wounded man. It was mesmerizing. I stood there for a good three minutes just gazing up at that statue. It was right in front of the river. I felt tranquil looking from the statue to the river. Inside the museum, I viewed the special exhibit of the creators of Curious George children books and television show. The letters, sketching, and film footage about the authors and their life in Europe and American were inspiring. I was able to walk back to the hotel and later have dinner at the sports bar and restaurant in the Hotel.



Failing to make plans for my return trip home, I accepted my manager’s offer to drive me home to New York. Before leaving on Thursday, I spoke with Teresa; she has agreed to send me her notes on the session I missed.

It was a wonderful experience that I will not forget. A heart felt thanks to those who worked tirelessly to make the 2011 Conference in Norfolk, Virginia a success!

# The Gang's All Here!

All Regions are represented at the 2011 Conference in Norfolk!



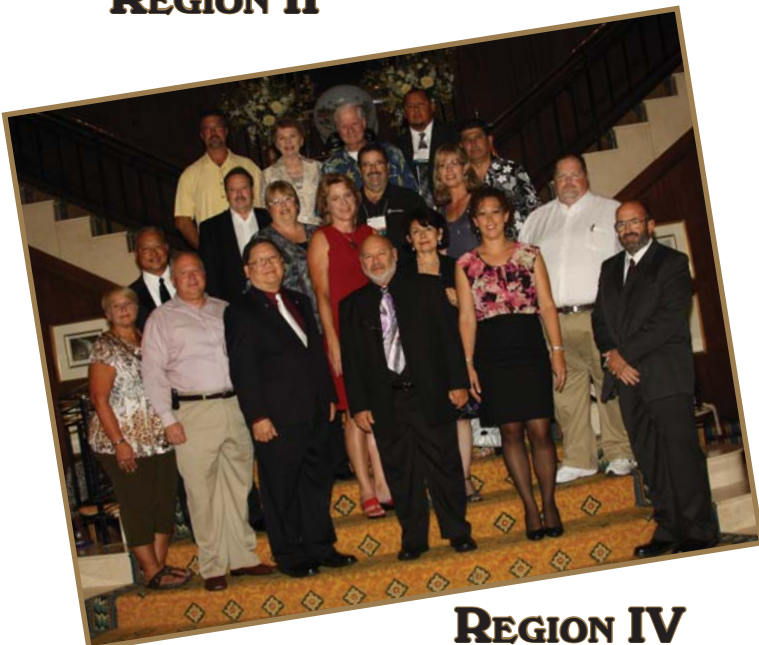
**REGION I**



**REGION III**



**REGION II**



**REGION IV**



**REGION V**



## Bud Chambers ACFSA Founder's Award Recipient

*I was absolutely overwhelmed with gratitude when I received our Founders Award...  
Thank you all for remembering me. - Bud Chambers*

**I**n 1954 Bud moved from Chicago to LA after a tour in the Navy. He searched for job opportunities and answered a help wanted add Cambro had placed in the newspaper. It was the business of two brothers, Argyle and Bill Campbell. Putting the first part of their name and bro together created the name "Cambro." They were making trays for hospitals.

Bud was hired as the general handy man and became close friends with the owners. When the business moved to Huntington Beach, the size of their building doubled from its original 15 X 60 sq. feet. The size of the company grew and so did Bud's responsibilities and interest in new products.

For 25 years he was in charge of manufacturing for Cambro. Cambro ran three shifts and had 400 employees working in the plant when, in 1979, Bud moved into Sales as one of three Regional Managers. He worked as Regional Manager until 1987 when Cambro made a policy change that Regional Managers would be required to live in their territory. He made the decision to stay in Huntington Beach and Bud's job description changed. He became Manager for Quality Assurance and Trade Shows. After heart surgery Bud dropped the trade shows, but his interest in the Correctional Market caused him to continue working as Manager for Correctional and VA Hospitals - the position he currently holds.

He has worked 57 years for Cambro and as Bud would say, "He is having a great time"!

Bud has been married to his wife Carol for 28 years. He calls her his administrative assistant. Carol calls him her boss.



## Jimmy Ledesma 2011 Operator of the Year Award & Heroism Award Recipient

**M**r. Jimmy Ledesma, Food Service Manager, Los Angeles County Sheriff's Department, has been working for the County for over 20 years. He worked in different capacities among the seven jail facilities, serving over 20,000 inmates. Mr. Ledesma currently operates the female facility food services with over 2300 beds. His kitchen is equipped with cook-chill equipment that enables him to produce frozen pre-portioned meals for 22 Sheriff's temporary holding facilities. The County Health Inspectors were very impressed with the quality of his pre-packaged meal operation.

He empowered his cooks to work as a team to improve the productivity of his kitchen. His team utilized the off peak hours to package and deliver food to the Sheriff's Stations. His program was so successful that other cities within the county have asked to join the program. He was successful in adding 17 contract cities to his program without additional staff or equipment. The County Auditor Controller's Office evaluates his operating cost each year. Although the food prices in the area have increased by 5%, his food cost was reduced by 1% and zero overtime. As a result, the price per meal for the contract cities was reduced by 2 cents for each meal; while other private vendors have to increase their prices. In 2010, his city jail inmate feeding contracts brought in over \$500,000

Mr. Ledesma is a Master Sergeant in the United States Air Force Reserves and he has been with the Air Force for 27 years. He supported Dessert Storm in 1992 and was deployed to Afghanistan in 2009. He has been deployed to Baghdad from December 2010 to June 2011. He believes in teamwork, he rotates all his cooks to learn the cook-chill operation so that they can learn the quantity food production process and the Hazard Analysis Critical Control Point (HACCP) system. Due to the costs of

*Continued on Page 14*

*Jimmy Ledesma - Continued from Page 13*

the equipment, the cook- chill team works by themselves without any inmate workers. The food service team will cover each other whenever help is needed. His facility also provides Food Safety Manager's Certification Classes for the county employees as well as the jailers for the contract cities.

As a Certified Correctional Food System Manager (CFSM), he always encourages his staff to participate in the certification program. Currently, he has seven members certified as CFSM.

Mr. Ledesma has implemented the Computrition Food Service System for inventory control, food production, and nutritional analysis. He constantly monitors his food wastes, food delivery method, and food temperatures

The one item that distinguishes Mr. Ledesma as a leader from his peers is his devotion to his staff and operations. While deployed overseas, Mr. Ledesma worked 12 hours a day, 7 days a week in charge of transporting hazardous materials. Whenever possible, he would monitor his e-mail in California to make sure his food service operation was running smoothly. He would not hesitate to offer his support to his staff whenever necessary. Mr. Ledesma has a positive attitude, good problem solving skills, and always accomplished his assignments no matter how difficult and how much time it took. He loves his job, his family, his friends, and above all, the country that he serves.

Congratulations to our double Award Winner, Jimmy Ledesma!

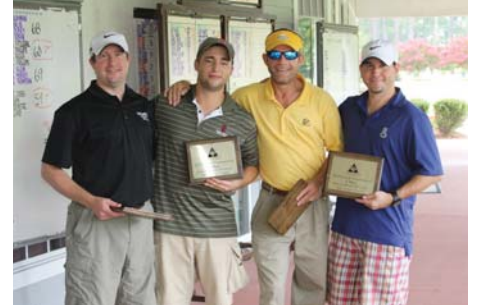


**Carol Thomas**  
**President's Award Recipient**



# 2011 Conference Highlights!

## A Great Time Was Had By All!



**Teamwork!**





*1st Place - Global Foods, Inc.*

# Best Booths of 2011!



*2nd Place - Highland Wholesale*



*3rd Place - H. Fox & Co., Inc.*

**Thank you to all Exhibitors  
for your support and participation!**

# A Very Special Thank You to our Conference Sponsors!

## PREMIER SPONSOR

**CAMBRO**<sup>®</sup>

MANUFACTURING COMPANY

*Opening Breakfast Sponsor*

## GOLD SPONSOR

**Computrition, Inc.**

## SILVER SPONSORS

**Legion Industries  
Good Source Solutions**

## BRONZE SPONSORS

**Agilysys  
Benjamin Foods  
CHS, Inc.  
Design Specialties, Inc.  
Mill Creek Brands  
Preferred Meal Systems  
Stero**

## Golf Sponsors

**Accutemp  
Good Source Solutions**

## Cake Decorating Sponsors

*Sponsors - Equipment/Supplies*  
**Crest Foodservice Equipment  
Hubert Company LLC**

*Sponsor - Food*  
**Richmond Restaurant Service**

## *Scholarship Sponsors*

### SILVER SPONSORS

**Design Specialties, Inc.  
Good Source Solutions**

### BRONZE SPONSORS

**Agilysys  
CHS, Inc.  
National Food Group  
New England Food, Inc.  
Preferred Meal Systems  
Rainmaker**

## *Spirit of Norfolk Awards Banquet Sponsors*

### CAPTAIN SPONSOR



### LIEUTENANT SPONSORS

**Good Source Solutions  
National Food Group**

### MIDSHIPMAN SPONSOR

**New England Food Group**

**Who dat say dey  
gonna come to New  
Orleans?**

**ACFSA  
Dat's who!**



**Y**ou will want to mark your calendars with **ACFSA** in big block letters on the dates of August 19-23, 2012 as the planning has already begun. Starting with the Annual Golf Tournament on Sunday, August 19 and ending with a tour of the new multi-million dollar state-of-the-art Correctional facility in Orleans Parish on August 23, you will be treated to outstanding breakout sessions, the ever popular Trade Show and tons of networking opportunities, all with that world renowned New Orleans flair!

This year, Conference Chair Jim Beach is working on a special excursion for those attendees that may not be interested in golf, but want to have a decidedly “Louisiana Experience.” So, even if you’re not a duffer, you will still want to show up early Sunday to take part in what is sure to be a highlight of the Conference! Stay tuned for more details.

This just in! ACFSA is proud to announce that we will have a very special Opening Keynote Address by Patrick House, the winner of The Biggest Loser 10! If you don’t know Patrick’s story, he weighed in at an even 400 lbs. when he began his journey on TBL10. When the final bell rang, he was the last person standing having lost a total of 181 pounds, or 45.25% of his body weight!

A Sales Rep in the Food Service Industry, Patrick has since left that career to begin helping others as he runs an academy that helps obese children tackle their weight issues. He has boundless energy, runs marathons and keeps an extremely busy schedule, but he is marking his date book for a morning with ACFSA in New Orleans. You will be inspired by his story and will no doubt be able to apply some of his techniques to your everyday life and in the work place.

This is shaping up to be a conference that you will not want to miss! Make your plans now to be with us in New Orleans in 2012! Use the registration form on the facing page, or visit us at [www.ACFSA.org](http://www.ACFSA.org) where you will find the most up-to-date information regarding speakers, program and schedule.

Also, visit the ACFSA Facebook page and sign in to the events page where discussions will take place through the coming year!

## *An Opportunity for Vendors!*

The 2012 ACFSA Annual International Conference is the best opportunity of the year for you to interact with the decision-makers of the Correctional Food Service Industry all under one roof!

Right now, ACFSA is offering an **EARLY BIRD** discount for booths to the 2012 Trade Show, but the price is only good until December 31, 2011. After that date, the regular price will apply and no exceptions will be made.

So, visit the website **TODAY** and fill out the **EARLY BIRD** registration form. If you have any questions, please call the office at (818)843-6608.

### August 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
<b>A</b>	<b>C</b>	<b>F</b>	<b>S</b>	<b>A</b>		
26	27	28	29	30	31	

*NEW ORLEANS!*

# ACFSA 2012 Annual International Training Conference & Expo

August 19-23, 2012 • New Orleans, Louisiana - Hyatt Regency New Orleans



**OFFICIAL ACFSA CONFERENCE REGISTRATION FORM**

Name \_\_\_\_\_

Nickname for Badge \_\_\_\_\_ First ACFSA Conference? (circle) Yes No

Position \_\_\_\_\_

Facility/Company \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email Address (MANDATORY) \_\_\_\_\_

Contact Phone (MANDATORY) \_\_\_\_\_

Phone for publication (OPTIONAL) \_\_\_\_\_

Guest Name \_\_\_\_\_

Guest Name \_\_\_\_\_

Guest Name \_\_\_\_\_

## REGISTRATION FEES

Number of Attendees	Type of Registration	Registering Before <i>July 13, 2012</i>	Registering After <i>July 13, 2012</i>	Amount Due
	<b>ACFSA FOOD SERVICE, INSTITUTIONAL OR RETIRED MEMBER</b>	<b>\$225</b>	<b>\$275</b>	
	<b>ACFSA NON-MEMBER FOOD SERVICE EMPLOYEES ONLY NO EXCEPTIONS**</b>	<b>\$300</b>	<b>\$350</b>	
	<b>GUESTS (INCLUDES FRIENDS, RELATIVES ONLY)</b>	<b>\$150</b>	<b>\$175</b>	
	<b>ONE DAY MEMBER AND NON-MEMBER - DOES NOT INCLUDE BANQUET FOOD SERVICE EMPLOYEES ONLY - NO EXCEPTIONS PLEASE SPECIFY DATE:</b>	<b>\$95</b>	<b>\$120</b>	
	<b>VENDOR SHOW ONLY FOOD SERVICE EMPLOYEES ONLY NO EXCEPTIONS**</b>	<b>\$25♦</b>	<b>\$30♦</b>	
	<b>SANITATION CERTIFICATION PROGRAMS NATNL REGISTRY OF FOOD SAFETY PROFESSIONALS CLASS INCLUDES BOOK AND ALL MATERIALS</b>	<b>\$50</b>	<b>\$50</b>	
	<b>SANITATION RECERTIFICATION PROGRAMS NATNL REGISTRY OF FOOD SAFETY PROFESSIONALS CLASS INCLUDES BOOK AND ALL MATERIALS</b>	<b>\$50</b>	<b>\$50</b>	
<b>TOTAL DUE</b> <i>(FULL PAYMENT MUST ACCOMPANY COMPLETED REGISTRATION FORM)</i>				

♦ - IF THERE ARE FIVE OR MORE ATTENDEES FROM THE SAME FACILITY ATTENDING CONFERENCE, THEY WILL RECEIVE A 25% DISCOUNT. THIS DISCOUNT APPLIES ONLY TO FOODSERVICE PROFESSIONALS ATTENDING THE VENDOR SHOW.

**\*\* ONLY FOOD SERVICE EMPLOYEES & EXHIBITORS WILL BE PERMITTED TO ATTEND CONFERENCE & TRADE SHOW. NON-EXHIBITING VENDORS WILL NOT BE PERMITTED TO ATTEND CONFERENCE OR TRADE SHOW UNDER ANY CIRCUMSTANCES.**

**CANCELLATIONS**  
CANCELLATIONS REQUESTED IN WRITING TO ACFSA WILL BE GIVEN A FULL REFUND IF RECEIVED ON OR BEFORE JULY 13, 2012. CANCELLATIONS RECEIVED AFTER JULY 13, 2012 & NO-SHOWS WILL NOT BE REFUNDED.

**REGISTRATION**  
REGISTRATION WILL BEGIN SUNDAY, AUGUST 19, 2012 AT 1:00 P.M. BADGES, PROGRAMS AND OTHER MATERIALS WILL BE PROVIDED AT THAT TIME. PLEASE BE AWARE THAT NO CONFIRMATIONS WILL BE SENT. PLEASE NOTIFY ACFSA OF ANY SPECIAL DIETARY REQUIREMENTS. SEND THIS INFORMATION WITH YOUR REGISTRATION AND WE WILL DO OUR BEST TO ACCOMMODATE YOUR NEEDS.

QUESTIONS? (818)843-6608  
WWW.ACFSA.ORG

**PAYMENT INFORMATION** - If paying with a check, make payable to ACFSA. Check # \_\_\_\_\_

Send Payment to: **ACFSA, 210 N. Glenoaks Blvd., Suite C, Burbank, CA 91502**

Those paying with Credit Card, Fill in information below and **FAX to (818) 843-7423**

Credit Card Number \_\_\_\_\_ Expires \_\_\_\_\_ V-Code \_\_\_\_\_

Billing Address \_\_\_\_\_ Billing Zip Code \_\_\_\_\_

Name on Card \_\_\_\_\_ Signature of Cardholder \_\_\_\_\_

# There Are Many Reasons Our Members Should Attend ACFSA Conferences

*by Richard Karl, Jr., CFSM*

I have been with the Association of Correctional Food Service Affiliates (ACFSA) for almost three years, as an active member of the Northern Lakes Chapter. I have attended 2 International Conferences in the last 2 years and I have made many new friends and acquaintances. I feel that it is very important for new members to attend these conferences and learn as much as they can about new industry equipment and techniques in the area of Correctional Food Service. There are a lot of job openings in Correctional Food Service all over the United States and we just have to go out and put ourselves on the market to get a nice job in either the public or private sector.

By participating in ACFSA Chapter, Regional and International events, I am continually learning more about equipment modifications and obtaining more information on running my own kitchen. By picking the minds of some of the best food service administrators and vendors around the country I am developing my skills to become a better Food Service Professional.

I returned from the 2011 Annual International Conference in Virginia with the idea of writing this article about how the Organization has helped my growth, the way I feel about myself and what I can accomplish. Attending the Conference and participating in all areas can provide a Food Service Professional with lessons in character building and also helps in developing leadership skills. With these lessons, I feel that I am getting better at it every day.



There are also a lot of fun things for us to do as a group. I, personally, have competed in a cook-off contest and in a cake decorating contest this year. It was a terrific team building experience in each case and I hope that more ACFSA members step up at future events.

I feel very lucky to have been able to attend both the San Diego and Norfolk Conferences. I am grateful for what the ACFSA has done for me through the many programs offered. I also want to let people know that there are scholarships available to attend Conference. I hope everyone eligible will take advantage of this opportunity to attend a future program.

I just feel that there are so many young people out there that should jump on the ACFSA “band wagon” and maybe become a chapter officer or bring in new members, etc. There is no better place for those individuals in this Industry to come together for the purpose of support and development. I consider the ACFSA as my new biggest family and I love you all.



# 2012 Policy Letters, Nomination Forms and Applications

## INSTRUCTIONS AND FORMS

*Included Within*

### SCHOLARSHIP POLICY AND APPLICATION FORM OPERATOR OF THE YEAR POLICY AND NOMINATION FORM EMPLOYEE OF THE YEAR POLICY AND NOMINATION FORM AWARD/SCHOLARSHIP NOTIFICATION FORM HEROISM AWARD NOMINATION FORM

#### ◆ INSTRUCTIONS

Read the applicable policy letter carefully. Separate form from this booklet. Read the form with care and supply all the information requested..

Return the completed form postmarked by Feb. 1, 2012 in the manner prescribed in the pertaining policy letter and on the form itself.

All application/nomination forms must be sent by Feb. 1, 2012 to the ACFSA Office 210 N. Glenoaks Blvd., Ste C, Burbank, CA 91502 Call with any questions: (818) 843-6608.

#### ◆ POLICY LETTER

##### *Scholarship Program Guidelines*

The purpose of this policy is to set forth guidelines and procedures under which the ACFSA Continuing Education Scholarship Program will be administered. These procedures will aid in the professional advancement of the ACFSA membership.

#### I. ACFSA Sponsored Scholarships

A. ACFSA will award scholarships of up to \$750 annually. The number of scholarships to be awarded will be determined by the amount of money donated to the scholarship fund.

B. Recipients will be selected from each of the four regions. The Board of Directors reserves the right to award scholarships to eligible recipients in other regions, should no applications be received from a specific region.

C. One new member (with less than one year of membership at the time of application) will be chosen annually through the New Member Scholarship Lottery to receive a scholarship for attendance at the International Conference.

D. The Immediate Past President or Designee acts as Chair of the Scholarship Committee along with an appointed Professional Partner.

#### II. Criteria for Application

A. Applicants must be currently employed in the field of correctional food or farm service on a full-time basis

B. Applicants must be members of ACFSA in good standing (dues paid). The applicant must also be a member in good standing at the time of award and use of the scholarship. The ACFSA staff will verify this. New members (those with less than one year of membership prior to the time of application) will only be eligible for the New Member Scholarship Lottery.

C. A completed, signed application (enclosed) must be postmarked on or before the designated date. The application must be completed in full and signed by the applicant and his/her supervisor. The supervisor's signature will be considered as both authorization and as a recommendation.

D. Scholarships are to be used to attend ACFSA conferences or for ACFSA-sponsored educational programs. The New Member Scholarship Lottery will award one scholarship annually for attendance to the International Conference.

E. Members of the ACFSA International Board of Directors are not eligible to receive scholarship awards while in office. No one directly involved in selecting recipients shall be eligible for an award.

F. The award of scholarship funds will be selected on a non-discriminatory basis.

G. A Scholarship Program recipient will not be eligible for another award for a minimum of three years.

H. If the awarded scholarship is not utilized within one year of award, the funds will revert to the Scholarship Fund. Under these circumstances, the recipient becomes exempt from the three-year eligibility requirement.

I. Scholarships are to be used by the applicant only and are nontransferable.

J. The following awards include a financial reward and as such only one per calendar year may be received: Scholarship, Correctional Food Service

Operator of the Year and Employee of the Year Awards. Regional Correctional Food Service Employee of the Year may be received concurrently with a Scholarship or Heroism Award. The Heroism Award may be received concurrently with any other award.

#### III. Criteria for Award/Selection

A. Award of the application for scholarship shall be considered on the basis of:

1. Benefit to the individual for professional growth;
2. Approval of employer to attend desired conference or ACFSA sponsored educational program;
3. An objective point system, based upon the pertinent facts of each application;
4. Scholarship program guidelines.

B. All expenses must be reimbursed according to the ACFSA Scholarship Reimbursement Instructions. Any unused portion of the scholarship award shall be retained by the ACFSA. Failure to attend a minimum of 75% of conference and/or continuing education program may subject the recipient to a reduction in scholarship funds or voiding of funds awarded.

C. Scholarship recipients will receive a Letter of Notification of the award of funds and a Letter of Commendation shall be sent to the Agency Head, Institutional Superintendent/ Warden/Sheriff or Supervisor of the applicant. In addition, the recipients shall be recognized at the ACFSA International Conference and in *INSIDER* Magazine.

D. Scholarship recipients will be required to write a letter or brief article indicating how the use of the scholarship benefited them, their opinion of the quality of the conference or other training program and how it related to their performing their job better upon returning from the scholarship event. This article may or may not be used as part of an article for the *INSIDER* Magazine or in other ACFSA literature.



## IV. Time Frames for Scholarship Policy

Feb 1: Application must be postmarked on or before midnight.

Feb 20: Completed applications from each region will be mailed to their respective Regional Director. The Regional Director will complete evaluation criteria for each applicant. The Regional Directors will then mail or fax back their evaluation forms with the completed applications and their selections to the rest of the Board of Directors.

Mar 15: The Board will note comments/concerns and forward these to the Chair of the Scholarship Committee (the Past President). Conflicts/concerns will be resolved at this level. The Past President will review/finalize and tabulate the final results. The Past President will then notify the Board of Directors of the final decision.

First week of April: Continuing Education Scholarship recipients for applicants who have been members for at least one year prior to application shall be notified by the President in writing of the award of the scholarship.

April 30: New members (members for less than one year prior to the application deadline) shall be eligible for a lottery drawing (conducted each spring), during which one name will be picked randomly each year and awarded a scholarship for attendance to the International Conference. The winner of the New Member Scholarship Lottery shall be notified by the President in writing.

*Participation in and/or fulfillment of requirements for the training program must be completed as the policy requires in order to receive the Scholarship Award.*

### ◆ POLICY LETTER

#### *Correctional Food Service Operator of the Year*

*The purpose of this policy is to set forth guidelines and procedures under which the Association of Correctional Food Service Affiliates Operator of the Year award program will be administered. These procedures will honor Active or Life members for outstanding and significant contributions to the operation, management and administration of correctional foodservice.*

#### I. Operator of the Year

A. The recipient of the one Correctional Food Service Operator of the Year Award will receive up to \$1,000 for travel and expenses to attend the ACFSA International Conference and receive the award.

B. The recipient of this award will be a manager, director, or administrator who is

in complete charge of the foodservice department/division of a correctional institution or system. If the applicant's department consists only of the applicant, he/she is still eligible to apply for the Correctional Food Service Operator of the Year Award.

C. This award is non-transferable and must be used by the recipient in the year awarded and for the purpose intended.

#### II. Criteria for Application

A. Applicants must be currently employed in the field of correctional foodservice on a full-time basis and have been so employed for a minimum period of 18 months.

B. Applicants must be Active or Life Members of ACFSA in good standing (dues paid) since February 1, 2011. The applicants must also be active members in good standing at the time of award. The ACFSA staff will verify this.

C. Applicants may be nominated by their supervisors, another ACFSA member, or may nominate themselves, if approved by their supervisors.

D. A copy of the nomination form must be used to nominate a candidate for award consideration. The form must be completed with as much pertinent information as possible about the candidate's qualifications within the application requirements. No faxes will be accepted.

E. Completed nominations must be postmarked on or before midnight February 1, 2012.

F. International Officers and Regional Directors are not eligible to receive this award while in office. No one directly involved in selecting recipients shall be eligible for an award.

G. Recipients may be awarded the Correctional Food Service Operator of the Year Award only one time.

#### III. Criteria for Award/Selection

A. The award selection will be non-discriminatory and based on accomplishments.

B. Nominations/applications must be completed according to all directions and be neat and legible. If not, the nomination will be void.

C. The selection of the Correctional Food Service Operator of the Year will be completed by the ACFSA Board of Directors. Each member will submit their top three candidates from the list of nominated members to Jim Beach, ACFSA Vice President; he will tally the

results/points. The applicant with the most points will be awarded the Correctional Food Service Operator of the Year Award. The Board of Directors may elect to not present the Correctional Food Service Operator of the Year Award in any year that they determine appropriate individuals have not been nominated.

D. The Awards Committee will use one or more of the following criteria in selecting an individual for the Correctional Food Service Operator of the Year Award:

- Exceptional Accomplishments
- Exemplary Leadership
- Creativity and Innovation
- Staff Development

E. The award recipient will be notified in writing by April 1st.

F. A Letter of Commendation shall be sent to the Commissioner, Warden, and/or Supervisor of the recipient. In addition, the recipient shall be acknowledged at the ACFSA International Conference and in *INSIDER* Magazine.

G. Only one International Award or Scholarship may be disbursed in a calendar year. If the award winner has also been designated to receive a scholarship, reimbursement is authorized up to the maximum limit of the largest dollar amount award. Recipients may not receive both in one year. The Heroism Award may be received concurrently with any other award.

#### IV. Time Frames for Operator of the Year Policy (reviewed on a yearly basis)

Feb 1: Applications must be postmarked by midnight.

Feb 20: The ACFSA Board of Directors will receive copies of all eligible nominations for review.

Mar 15: Ratings (on score sheets) by the ACFSA Board of Directors will be returned to the Past President. The Past President will tally points and notify the Board of Directors of the selection. Resolution of conflicts will be handled at this point.

April 1: Notification Letters will be mailed to the recipients and their supervisors from the ACFSA International President.

## ◆ POLICY LETTER

### *Correctional Food Service Employee of the Year*

*The purpose of this policy is to set forth guidelines and procedures under which the Association of Correctional Food Service Affiliates Employee of the Year award program will be administered. These procedures will honor Active or Life members for outstanding and significant contributions to the operation, management and administration of correctional foodservice.*

#### **I. Correctional Food Service Employee of the Year**

A. The recipient of the one International Correctional Food Service Employee of the Year Award will receive up to \$1,000 for travel and expenses to attend the ACFSA International Conference and receive the award.

B. Those who apply for but do not receive the International Employee of the Year Award will be considered for the Employee of the Year Award in their respective regions. The top rated person in each Region who does not receive the International Award will be named the Food Service Employee of the Year for their region at the International Conference. This is not a monetary award. Winners will be presented with an engraved award and will receive recognition both at the International Conference banquet and in ACFSA's *INSIDER* Magazine. If any of these award winners are unable to attend the banquet, arrangements will be made for the award to be presented within their agency, institution or chapter.

C. Recipients of this award are line staff (coordinators, cooks, etc.) or persons not eligible for the Correctional Food Service Operator of the Year Award.

D. This award is nontransferable and must be used by the recipient in the year awarded and for the purpose intended.

#### **II. Criteria for Application**

A. Applicants must be currently employed in the field of correctional foodservice on a full-time basis and have been so employed for a minimum period of 18 months.

B. Applicants must be Active or Life Members of ACFSA in good standing (dues paid) since February 1, 2011. The applicants must also be active members in good standing at the time of award. The ACFSA staff will verify this.

C. Applicants may be nominated by their

supervisors, another ACFSA member, or may nominate themselves, if approved by their supervisors.

D. A copy of the official nomination form must be used to nominate a candidate for award consideration. The form must be completed with as much pertinent information as possible about the candidate's qualifications. No faxes will be accepted.

E. Completed nominations must be postmarked on or before midnight February 1, 2012.

F. International Officers and Regional Directors are not eligible to receive this award while in office. No one directly involved in selecting recipients shall be eligible for an award.

G. Recipients may be awarded the Regional Correctional Food Service Employee of the Year one time. The person may continue to be nominated for the International Correctional Food Service Employee of the Year. Recipients may be awarded the International Correctional Food Service Employee of the Year one time.

H. The Board of Directors may elect not to present the Correctional Food Service Employee of the Year Award or a specific Regional Correctional Food Service Employee of the Year Award any year that they determine an appropriate individual has not been nominated.

#### **III. Criteria for Award/Selection**

A. The award selection will be non-discriminatory and based on accomplishments.

B. The ACFSA Awards Committee will consist of the Board of Directors. Nomination forms will be screened for eligibility. The forms for International Correctional Food Service Employee of the Year will be forwarded to all Board members for scoring.

C. Nominations/applications must follow all directions and be neat and legible. If not, the nomination will be void.

D. The Awards Committee will use one or more of the following criteria in selecting an individual for the Correctional Food Service Employee of the Year award:

- Foodservice and Operations
- Sanitation Standards
- Creativity and Innovation
- Personal Development

E. Award recipients will be notified in writing by March 1st.

F. A Letter of Commendation shall be sent to the Commissioner, Warden, and/or

Supervisor of the recipient. In addition, the recipient shall be acknowledged at the ACFSA International Conference and in *INSIDER* Magazine.

G. Only one International Award or Scholarship may be disbursed in a calendar year. If the award winner has also been designated to receive a scholarship, reimbursement is authorized only to the maximum limit of the largest dollar amount award. Recipients may not receive both in the same year. The Heroism Award may be received concurrently with any other award.

#### **IV. Time Frames for Employee of the Year Policy (reviewed on a yearly basis)**

Feb 1: Applications must be postmarked by midnight.

Feb 20: The Board of Directors will receive all applications determined to be eligible.

Mar 15: All scoring will be completed and forwarded to the Past President. The Past President will tally points and notify the Board of Directors of the selection. Resolution of conflicts will be handled at this point.

April 1: Notification Letters will be mailed to the recipients and their supervisors from the ACFSA International President.

### *The Heroism Award*

The Heroism Award will be given to those who have displayed valiant acts of heroism in their job or in their personal life.

This is not necessarily an award that is given on a yearly basis. However, more than one person can receive this award per year.

The Recipient will receive a certification of recognition/award to be presented at a State, Regional, or International level, whichever is most convenient to the recipient. A notification letter will be sent to all recipients' supervisors.

The deadline for submission for the 2012 Heroism Award is February 1, 2012.

*Scholarship Application*

**Please fill out both sides completely, sign and mail to ACFSA Headquarters, 210 N. Glenoaks Blvd. Ste C, Burbank, CA 91502 (818) 843-6608 Fax: (818) 843-7423**

**The envelope must be postmarked on or before February 1, 2012.**

**Check one only:**

- Continuing Education Scholarship (Member at least one year at time of application)  
 New member scholarship (Member less than one year)

*To apply for the new member scholarship, please fill out this page only. One scholarship awarded by lottery drawing each year.*

**Application for Region \_\_\_\_\_ Scholarship**

**APPLICANT**

Name \_\_\_\_\_

Title \_\_\_\_\_

Home Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Home Phone Number \_\_\_\_\_

Social Security Number \_\_\_\_\_

**EMPLOYMENT**

Current Position / Since \_\_\_\_\_

Facility \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Work Phone Number \_\_\_\_\_

Facility Head \_\_\_\_\_

Title \_\_\_\_\_

Immediate Supervisor \_\_\_\_\_

Title \_\_\_\_\_

**ELIGIBILITY**

Are you currently employed full-time in correctional foodservice?  Yes  No

**INTENT OF FUNDING (COMPLETE ONE SECTION ONLY)**

Location/Dates of ACFSA conference for which this funding will be used \_\_\_\_\_

ACFSA-Sponsored Educational Program - specify program & intended date of completion \_\_\_\_\_

Are you a current member in good standing of ACFSA?  Yes  No

In good standing for the past full year?  Yes  No

**PROFESSIONAL PARTICIPATION**

How many years have you affiliated with Correctional Food Service? \_\_\_\_\_

How many years have you been a member of ACFSA? \_\_\_\_\_

How many International ACFSA Conferences have you attended? \_\_\_\_\_

Have you served as an ACFSA officer? International (previously), Chapter/State Representative (previously/currently)  Yes  No

Position \_\_\_\_\_

Date of Service \_\_\_\_\_

Have you served as Conference Chair/Co-Chair/Member (International, Regional, Chapter)?  Yes  No

Location \_\_\_\_\_

Date of Service \_\_\_\_\_

Have you served as Committee Chair/Member (other than Conference) International, Chapter?  Yes  No

Specify Committee \_\_\_\_\_

Position \_\_\_\_\_

Date of Service \_\_\_\_\_

Have you ever had an article printed in INSIDER Magazine or other industry publication?

Publication: \_\_\_\_\_ Date of Article: \_\_\_\_\_

Have you given presentations at foodservice or correctional conferences?  Yes  No

Specify topic, association & dates \_\_\_\_\_

Are you currently certified in any of the following areas? Please check all that apply.

- ACFSA Certified Correctional Foodservice Professional
- ACFSA Certified Correctional Food Systems Manager
- ADA Registered Dietitian
- Dietary Manager's Association Certificate or License
- Certified Chef
- Other Certification - Specify \_\_\_\_\_

What level of decision making do you have for the following?

Food (check one only)      Equipment (check one only)

- Final Decision       Final Decision
- Strong Influence       Strong Influence
- Limited Influence       Limited Influence

I hereby warrant the accuracy of the above information and authorize the investigation of the accuracy of facts herein noted. All regulation/guidelines of the ACFSA Scholarship Program are applicable.

Applicant Signature \_\_\_\_\_

Date \_\_\_\_\_

Recommendation of Supervisor/Agency Head \_\_\_\_\_

Date \_\_\_\_\_

NOTE: The signature of the supervisor will be considered both authorization to accept the scholarship, if applicant is selected; as well as recommendation for this applicant.

**Please fill out both sides completely, sign and mail to ACFSA Headquarters, 210 N. Glenoaks Blvd. Ste C, Burbank, CA 91502 (818) 843-6608 Fax: (818) 843-7423. The envelope must be postmarked on or before February 1, 2012.**



## Outstanding Chapter Award Year 2012

The Association of Correctional Food Service Affiliates is recognizing outstanding chapters. Did your chapter have an eventful year? You could be eligible for an International Award!

Please fill out the application form and return to the ACFSA office postmarked by **February 1, 2012**. Chapter Presidents will be notified by **April 15, 2012**.

### Chapter Information:

Please indicate the location of your chapter: \_\_\_\_\_

Please, check your Chapter's size:

- Small: 25 members or less
- Medium: 25-50 members
- Large: 50 members or more

### 1. Education/Professional Development:

- a. How many educational /training meetings did your chapter hold in 2010?  
Agendas for each meeting must be included.  
(5 points per meeting)
- b. Did your chapter host a multi-day conference and/or vendor show, either on your own or in conjunction with other chapter(s)? Conference agenda must be included.  
(10 points for each hour of programming / CEU)
- c. How many of the following member contributions has your chapter made in the past year? Please name all recipients.  
(10 points per contribution)
  - Awards
  - Scholarships
  - Paid fees for members:  
Conference Attendance;  
Membership Dues or  
Professional Certifications

*Continued on opposite side*

**2. Leadership:**

- a. Are your chapter members involved on the ACFSA International level?  
Please identify those members and their involvement.  
(10 points per involvement)

- Board members
- Committee chairs
- Committee members
- ACFSA Conference Presenters (please include a copy of program/agenda)
- INSIDER submissions (articles submitted by chapter members, chapter news or board member reports does not count)
- International award/scholarship winner

**3 Creativity and Innovation:**

- a. Does your chapter publish a newsletter (print or electronic)? If so, how often?  
(10 points per issue; maximum 40 points)
- b. Please, include newsletter. Promotion of the categories below receives points.  
(5 points per category per issue; maximum 60 points)

- Promotes International activities
- Provides Food Service industry information
- Highlights or profiles individual members

**4. Membership Development:**

- a. Does your Chapter have a specific membership recruitment plan?  
(10 points)
- Briefly describe the plan
  - Include applicable materials
  - Include your method of identifying prospective members

**5. Membership Growth (ACFSA verification required):**

- a. Did your membership increase from December 31<sup>st</sup> of the previous year through December 31<sup>st</sup> of the current year? Please indicate the number of new members.  
(10 points overall for any growth)

**6. Financial Management (ACFSA verification required):**

- a. Are all quarterly Treasurer Reports submitted on a timely basis?  
(10 points only if all reports have been on time)
- b. Briefly describe your Chapter's sources of income, other than monies received from ACFSA International:  
(10 points overall for any outside income generated)

- Fundraising events
- Vendor contribution

# Operator of the Year

The recipient will be a Manager, Director or Administrator

Please check one of the above which applies to your situation.

1. Criteria noted in each category must be typed, single or double spaced, and not exceed one-half page per Roman numeral.
2. Nominations must remain in the format provided. A copy of the official form provided must be used. Nominations must be neat and legible to be accepted. *No faxes will be accepted.*

**3. All Nominations must be postmarked by midnight February 1, 2012.**

They must be sent to ACFSA Headquarters, 210 N. Glenoaks Blvd. Ste C, Burbank, CA 91502 (818) 843-6608 Fax: (818) 843-7423

**On separate pages, typed (no more than one-half page per question) give the following information:**

- I. Describe your candidate's successful foodservice financial and operational techniques, such as cost and quality control or attainment of major agency program goals and/or objectives.
- II. Describe resource management initiated or utilized within the candidate's operation, including training programs, employee motivation and expansion of career opportunities for staff and/or inmates.
- III. What has the candidate done that distinguishes him/her as a leader in the areas of food quality, menu concept development, food preparation and delivery techniques, and presentation?
- IV. Outline the candidate's contributions to the prestige and public image of the correctional segment of the foodservice industry, through participation in community and civic involvement, interagency, governmental and/or professional foodservice organizations.

**Name of Nominee** \_\_\_\_\_

Title of Nominee \_\_\_\_\_

Agency/Institution \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_

Signature of Supervisor \_\_\_\_\_

Date \_\_\_\_\_

Phone of Supervisor \_\_\_\_\_

**Name of Nominator** \_\_\_\_\_

Title of Nominator \_\_\_\_\_

Agency/Institution \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Date \_\_\_\_\_

Phone \_\_\_\_\_

## Employee of the Year

The recipient will be a Coordinator, Cook or other line staff professional. Anyone in the Correctional Food Service profession that is not eligible to be nominated for the Operator of the Year award is eligible for the Employee of the Year award.

Please check one of the above which applies to your situation.

1. Criteria noted in each category must be typed, single or double spaced, and not exceed one-half page per Roman numeral.
2. Nominations must remain in the format provided. A copy of the official form provided must be used. Nominations must be neat and legible to be accepted. *No faxes will be accepted.*

**3. All Nominations must be postmarked by midnight February 1, 2012.**

They must be sent to ACFSA Headquarters, 210 N. Glenoaks Blvd. Ste C, Burbank, CA 91502 (818) 843-6608 Fax: (818) 843-7423

**On separate pages (no more than one-half page per question) give the following information:**

- I. Describe your candidate's successful foodservice financial and operational techniques, such as cost and quality control standardization checks, HACCP controls, ServSafe management & procedures.
- II. Describe resource management initiated or utilized within the candidate's operation, including receiving standards, storage, product handling, and waste utilization.
- III. What has the candidate done that distinguishes him/her as a leader in the areas of food quality, menu concept development, food preparation and delivery techniques, and presentation?
- IV. Outline the candidate's contributions to the prestige and public image of the correctional segment of the foodservice industry, through participation in community and civic involvement, interagency, governmental and/or professional foodservice organizations.

**Name of Nominee** \_\_\_\_\_

Title of Nominee \_\_\_\_\_

Agency/Institution \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_

Signature of Supervisor \_\_\_\_\_

Date \_\_\_\_\_

Phone of Supervisor \_\_\_\_\_

**Name of Nominator** \_\_\_\_\_

Title of Nominator \_\_\_\_\_

Agency/Institution \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Date \_\_\_\_\_

Phone \_\_\_\_\_



## Heroism Award Nomination Form

The ACFSA wants to recognize those members who have displayed unusual acts of valor or heroism either on or off the job. The person or persons will be given special recognition at the International Conference and within *INSIDER* Magazine. If they are unable to attend the conference, they will be recognized at the next State meeting.

### Nominee Information

Name \_\_\_\_\_

Company \_\_\_\_\_

Phone \_\_\_\_\_

Fax \_\_\_\_\_

Email \_\_\_\_\_

### Why have you chosen this person to receive recognition for heroism or valor?

---

---

---

---

---

---

---

---

---

---

### Nominator's Information

Name \_\_\_\_\_

Company \_\_\_\_\_

Phone \_\_\_\_\_

Fax \_\_\_\_\_

Email \_\_\_\_\_

# Candor - A Risk You Can Afford to Take

by Special Agent Gregory M. Milonovich

*Special Agent Gregory M. Milonovich, an instructor in Faculty Affairs and Development at the FBI Academy, prepared this Leadership Spotlight.*

**C**andor is an intriguing word. It can mean to be honest, open, and frank, or it can mean outspoken, direct, and critical. The first characterization is positive, while the latter appears to make some people uncomfortable.

A former chairman and CEO of a large global company ranked candor near the top of his leadership principles. “I have always been a huge proponent of candor. In fact, I talked it up to audiences for more than 20 years. But since retiring, I have come to realize that I underestimated its rarity. In fact, I would call lack of candor the biggest dirty little secret in business. What a huge problem it is. Lack of candor basically blocks smart ideas, fast action, and good people contributing all the stuff they’ve got. It’s a killer.

When you’ve got candor—and you’ll never completely get it, mind you—everything just operates faster and better. Now, when I say ‘lack of candor’ here, I’m not talking about malevolent dishonesty. I am talking about how too many people—too often—instinctively don’t express themselves with frankness. They don’t communicate straightforwardly or put forth ideas looking to stimulate real debate. They just don’t open up. Instead, they withhold comments or criticism. They keep their mouths shut in order to make people feel better or to avoid conflict, and they sugarcoat bad news in order to maintain appearances. They keep things to themselves, hoarding information. That’s all lack of candor, and it’s absolutely damaging. And, yet, lack of candor permeates almost every aspect of business.”<sup>1</sup>

Why would the former CEO of one of the largest and most diverse global companies in the world discuss candor? Simply, he truly believes in its power and function. Candor requires mutual effort—the

ability to give it as well as the capacity to receive it. Organizations can choose to accept candor as a powerful mechanism for improvement and efficiency, or they can choose to push back and diminish its value. People do not want to accept candor for reasons, such as a lack of confidence, ungratefulness, fear, arrogance, and a lack of understanding of the motives of those offering the candor. Individuals shy away from being candid as it sometimes can be detrimental to one’s reputation, advancement, assignments, and credibility.

In the end, people choose to make a conscious effort to do what is right, what is necessary, or what they believe. Candor is the vehicle that takes them there.

#### Endnotes

<sup>1</sup> Jack Welch with Suzy Welch, *Winning*, (New York, NY: HarperCollins Publishers, 2005)

*Reprinted with Permission from the October 2011 FBI Law Enforcement Bulletin*



# Diet & Behavior - What Are the Facts?

*By Christine Berndt Althaus, RD, CD*

**A** growing body of knowledge supports the theory that diet can impact behavior. There is a plethora of evidence that skipping meals (especially breakfast) results in decreased problem solving ability, and increased fatigue, irritability and restlessness. This has been well studied in the school setting, and has implications for all forms of institutional feeding, including corrections.

Because diet *can* influence behavior, some medical professionals are advocating nutrition supplements for all inmates. This is based on a limited body of evidence. In 2002, Bernard Gesch, a physiologist at Oxford University conducted a ground-breaking study, involving 231 adult male prisoners in British prisons. Prisoners were given either a placebo, or dietary supplements containing vitamins, minerals and essential fatty acids. The group receiving supplements showed a 35% reduction in violent incidents, as compared to the control group. These are powerful findings.

Eleven years later, there has been limited research in this area. One caveat in the original and (some) subsequent studies is that multiple supplements were administered – when in fact, the change in behavior may be related to a limited number of nutrients. Evidence suggests that essential fatty acids may be the key nutrient for improved behavior and cognitive function.

Universal nutrition supplementation for all detainees would tax overburdened food service and/or health care budgets. It would be far better to maximize nutrition by providing a diet based on whole foods. Whole foods provide not just the target nutrient, but additional vitamins, minerals, phytochemicals and dietary fiber. In short, the whole is greater than the sum of the parts. Nutrients coming from whole foods work in concert with one another, and are more readily absorbed by the body than those coming from supplements.

A group of nutrients that is, indeed, showing promise in health and behavioral studies is essential fatty acids – with Omega 3s receiving the most attention. Everyday foods containing Omega 3 fatty acids include:

- Broccoli
- Canola Oil
- Cantaloupe
- Cauliflower
- Fish
- Kidney Beans
- Spinach
- Walnuts

Just two servings of fish per week are adequate to meet our need for Omega-3 fatty acids. Omega-6 fatty acids are also beneficial. Dietary sources are:

- Cereals
- Eggs
- Margarine
- Poultry
- Vegetable Oils

Thus, it is within our ability to provide diets rich in essential fatty acids right now - without supplementation.

Meanwhile, research continues. Bernard Gesch is conducting another study that spans a period of three years. He reports, “The new study is around five times larger...It is designed to be conclusive and to explore how such effects on behavior are mediated and which nutrients are involved.” Now this is news we can use!

Despite challenging economic times, the future for correctional food service holds great promise. As scientific research evolves, we can implement menu changes to maximize nutrition through whole foods wherever possible.

# Carrots, Eggs & Coffee

Submitted by Phil Atkinson, ACFSA President-Elect/Treasurer

*I get quite a few inspirational items in my email. Some I pass along, others I don't. This one however, especially now, is particularly poignant. If you have seen it, re-read it and see where you are. If you haven't, do what I'm doing, and take stock of where you need to be.*

*A carrot, an egg, and a cup of coffee...You will never look at a cup of coffee the same way again*

*Enjoy, Phil*

**A** young woman went to her mother and told her about her life and how things were so hard for her. She did not know how she was going to make it and wanted to give up. She was tired of fighting and struggling. It seemed as one problem was solved, a new one arose.

Her mother took her to the kitchen. She filled three pots with water and placed each on a high fire. Soon the pots came to boil. In the first she placed carrots, in the second she placed eggs, and in the last she placed ground coffee beans. She let them sit and boil; without saying a word.

In about twenty minutes she turned off the burners. She fished the carrots out and placed them in a bowl. She pulled the eggs out and placed them in a bowl.

Then she ladled the coffee out and placed it in a bowl. Turning to her daughter, she asked, "Tell me what you see."

"Carrots, eggs, and coffee," she replied.

Her mother brought her closer and asked her to feel the carrots. She did and noted that they were soft. The mother then asked the daughter to take an egg and break it. After pulling off the shell, she observed the hard-boiled egg.

Finally, the mother asked the daughter to sip the coffee. The daughter smiled, as she tasted its rich aroma the daughter then asked, "What does it mean, mother?"

Her mother explained that each of these objects had faced the same adversity: boiling water. Each reacted differently. The carrot went in strong, hard, and unrelenting. However, after being subjected to the

boiling water, it softened and became weak. The egg had been fragile. Its thin outer shell had protected its liquid interior, but after sitting through the boiling water, its insides became hardened. The ground coffee beans were unique, however. After they were in the boiling water, they had changed the water.

"Which are you?" she asked her daughter. "When adversity knocks on your door, how do you respond? Are you a carrot, an egg or a coffee bean?"

**Think of this:** Which am I? **Am I the carrot** that seems strong, but with pain and adversity do I wilt and become soft and lose my strength?

**Am I the egg** that starts with a malleable heart, but changes with the heat? Did I have a fluid spirit, but after a death, a breakup, a financial hardship or some other trial, have I become hardened and stiff? Does my shell look the same, but on the inside am I bitter and tough with a stiff spirit and hardened heart?

**Or am I like the coffee bean?** The bean actually changes the hot water, the very circumstance that brings the pain. When the water gets hot, it releases the fragrance and flavor. If you are like the bean, when things are at their worst, you get better and change the situation around you. When the hour is the darkest and trials are their greatest, do you elevate yourself to another level?

How do you handle adversity? Are you a carrot, an egg or a coffee bean?

May you have enough happiness to make you sweet, enough trials to make you strong, enough sorrow to keep you human and enough hope to make you happy.

The happiest of people don't necessarily have the best of everything; they just make the best of everything that comes along their way. The brightest future will always be based on a forgotten past; you can't go forward in life until you let go of your past failures and heartaches.

When you were born, you were crying and everyone around you was smiling. Live your life so at the end, you're the one who is smiling and everyone around you is crying.

May we all be COFFEE!!!!!!

# Education Report

*Inspiring Interest  
in the Field of Correctional Services*



*by Nancy Porter, RD, LDN*

*Those of us who believe EDUCATION is most necessary for advancement in this society are facing the reality that maybe a college education is not the answer to success*

**T**he summer and fall have disappeared leaving many people facing more problems than a year ago. We have been hearing and seeing so many disasters throughout the United States. Jobs are still foremost in our minds, not only searching for a starting position, but also retaining the one we now have. I don't know when I have seen unemployment at such high levels, and for so long. Those of us who believe EDUCATION is most necessary for advancement in this society are facing the reality that maybe a college education is not the answer to success. Perhaps we need to improve our skills and keep on learning how to be better managers. Every employee in food service is a manager, even if their job title does not reflect the word manager.

In providing wholesome, high nutrient content foods, which are safe, for our cliental to consume, we must be aware of where the items are grown, where they are manufactured as well as when we received the items, and that we have handled them properly. There is much to learn about taking care so that we don't waste products, as well as keeping within our financial budget.

From my own experiences, working on improving oneself has been most beneficial and provided many skills to advance in the FOOD SERVICE/NUTRITION MANAGEMENT field. Now is the time to improve yourself (SELF HELP). ACFSA provides one of the most economical courses available to Correctional Employees. Now is the time to provide yourself with the tools to succeed.

Please contact the ACFSA office and talk with Gillian. She will set you up with all of the necessary tools to move forward to becoming a Certified Correctional Food Service Employee.

I will be happy to assist you in answering any of your questions.

Nancy V. Porter, RD, LDN, Education Chair  
nporter2@nc.rr.com

# CCFP-Certified Correctional Foodservice Professional Update



by *Teddie Mitchell, CCFP*



*Certifications need to be renewed every four years.*

*Many members find that certification*

*is essential for career development...*



**F**or those members not yet familiar with ACFSA's certification program, here's a summary:

To become certified, a member is required to meet certain criteria, all of which is outlined in the CCFP brochure, available on the ACFSA website. To achieve this, the member acquires CEUs in different areas of the correctional foodservice industry (or other educational venues) and sends documentation to headquarters. When all criteria are met, the candidate receives the CCFP designation, a pin and plaque, notification to their employer and their accomplishment is recognized at the International Conference.

Certifications need to be renewed every four years. Many members find that certification is essential for career development. This year, seven members have been certified: our president, **Benson Li** and six Michigan Chapter members: **Robin Sherman, Timothy Rowe, Dawn DeMelo, Holly Martin, Scott Goetz and Diane Cammenga**. Congratulations to you all!

Four CCFPs will come up for renewal in 2011. Those members should have received reminders in September and a follow-up letter in November, as they will need to re-certify.

Anyone who is interested in the Certification Program may contact either Gillian at headquarters or me, Teddie Mitchell. My e-mail address is: [teddie.mitchell@co.shawano.wi.us](mailto:teddie.mitchell@co.shawano.wi.us)

You can find more information on our ACFSA website, just follow the links.



# *Start Earning Your CFSM Designation Today!*

*To begin your journey of becoming a CFSM,  
fill out Enrollment Form found  
on the opposite page and send it in!*

CFSM maintenance insures that you remain active in the industry by logging your continuing activity in the industry.

## *Maintenance Period*

The maintenance period runs from August 1st of the first year you receive your CFSM designation to July 31st of year 2.

## *Maintenance Forms*

Each CFSM is responsible for submitting his/her own maintenance. When you were certified, you were provided update forms; if you require more, you can request them from the ACFSA Executive Office. With the forms, you must submit back-up materials showing proof that you actually did participate in the activity, such as copies of badges from shows, agendas of seminars, copies of articles you have written, etc. You may submit your forms throughout your maintenance period or all at once at the end of the period - whichever works best for you. Your forms will be acknowledged in writing.

## *Maintenance Fee*

You will receive an invoice for \$35 at the end of your 2-year maintenance period, at which time the maintenance forms will be due. Individuals who are currently certified by the Dietary Managers Association (DMA) as Certified Dietary Managers (CDM) are eligible to apply for the CFSM program with the following:

- Application to ACFSA for CFSM, designating current and active CDM status (proof of CDM certification must be included in the application).
- \$299.00 application fee - ACFSA Members  
\$374.00 application fee - Non-Members
- Completed Custody, Security and Working with Inmates module, following guidelines as delineated in CFSM Course Workbook. No exam will be required. CDM certified ACFSA members would be eligible to receive CFSM status under these guidelines.

# ***CFSM Enrollment Form***

Please Type or Print Clearly

**CFSM Course Fee \$299.00**

**CFSM for CDMs \$149.00**

**Non-Member Fee \$374.00**

**Non-Member Fee \$199.00**

Name \_\_\_\_\_

Title \_\_\_\_\_

Company \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ FAX \_\_\_\_\_

Email \_\_\_\_\_

## **Payment Information**

Check Number \_\_\_\_\_

Purchase Order \_\_\_\_\_

*Include processing instructions and contact name & phone number.  
Materials will be sent after check is received*

Credit Card:  Visa

Mastercard

American Express

Cardholder Name \_\_\_\_\_

Credit Card # \_\_\_\_\_ Expires \_\_\_\_\_

Billing Address \_\_\_\_\_

Billing Zip Code \_\_\_\_\_ V-Code \_\_\_\_\_

Signature \_\_\_\_\_

*V-Code is the 3 Digit Code  
on the Back of your Visa or MC  
or the 4 Digit Code  
on the front of your AmEx Card.*

*Please mail with payment to:*  
**ACFSA CFSM**  
**210 N. Glenoaks Blvd., Suite C**  
**Burbank, CA 91502**

If paying with a credit card, you may FAX completed form to (818)843-7423

Questions? Please email Gillian Newell at [GNewell@emaoffice.com](mailto:GNewell@emaoffice.com)  
or Call (818)843-6608



# REGIONAL REPORTS

## REGION I

by Linda Shear, ACFSA Region I Director

It seems like only yesterday that we were all together in Norfolk for the 2011 Conference. What a great turnout for Region I. Look at our photo – we filled that beautiful staircase! At the Regional Roundtable we discussed communication and chapter development and hope to work on both issues. Please step up and volunteer to help make our Region the best in the Association.

The MD/DE chapter meets in October for the first time in awhile. Some of the members met in Norfolk to discuss chapter strategies, so I know that they're off to a great start. They are already working on fundraising and chapter membership development.

The VA chapter is recovering from the conference. All the hard work paid off and the conference was a big success. A lot of VA folks came to the conference for the first time and were so enthused and impressed with the event that they paid their dues and joined our ACFSA family. Welcome!

## REGION II

by Frank Shelton, ACFSA Region II Director

Great News! I'd like to report that the new Tennessee Chapter is up and running with meetings happening now and more planned in the near future. Congratulations to Ronda Walters of the Hardin County Correctional Facility, who was chosen to lead this fine group, and for the great job she and others have accomplished in getting this new chapter off the ground. Having a new state chapter formed is a lot of work and it's a pretty big deal for the ACFSA. I'm sure that they will be a very good asset to our association.

Big plans are under way for our next International Conference to be held next August in New Orleans. Jim Beach is heading up that project and I know he



*Once again I'm asking our membership to get out and solicit possible new members for our association.*  
*We are a strong group with a lot to offer the world of Correctional Food Service.*

would love to hear any suggestions from the membership to make this conference, not just good, but GREAT. And I'm sure, great it will be! New Orleans is a special place and has made a great comeback from Katrina, so plan on attending and bringing your family along! There's a great zoo, aquarium, Jackson Square, museums, carriage rides, perhaps even a ghost tour, if that sort of thing interests you. With all kinds of activities for you to see and do, it's the place you want to be in August!

Once again I'm asking our membership to get out and solicit possible new members for our association. We are a strong group with a lot to offer the world of Correctional Food Service. We need to keep growing in order to remain strong. We probably all know someone at another facility who would fit right in with our group. If you know of someone that I need to contact please email me the info and I'll jump right on it.

Again, the Norfolk Conference was great. If you were there, I'm sure you had a great time. If you missed it you need to make plans to attend the next one. There will be programs and sessions that will entertain and enlighten, and make you stronger and better prepared for the challenges we all face daily in our facilities. Remember we offer a limited number of scholarships that might assist you in getting there. So watch for more information on that and don't hesitate to apply. I mean, **it's gonna be in New Orleans! You gotta be there!**

# REGIONAL REPORTS

## REGION III

by Lt. Tim Thielman, CFSM

**H**ello and warm greetings from a chilly Region III. It seems as though this year just started and it is already almost over. 2011 has been a super year for the Heartland. Michigan had a great conference last spring and is working with Canada on a joint conference next year. There will be more information on that conference in the spring issue.

Northern Lakes received Chapter of the Year Award at the International Conference; Region III took second place in the Cake Decoration Competition at the conference, and Region III picked up nearly two dozen new members in 2011.

### Conference Wrap-up

Speaking of the conference, I would like to thank the Virginia Chapter for pulling together a very memorable conference in Norfolk back in August. The weather and venue were perfect. I really liked the general sessions versus the breakout sessions because I did not have to choose one session over another. This past conference was chock-full of educational training, networking and entertainment that lasted the entire conference.

A couple of new additions to the conference this year was the Board of Directors' meeting with the Chapter Presidents and the Dietitians, and the CFSM Luncheon. Thank you to our Professional Partners at Good Source and Prison Bilt who sponsored the luncheons for the Dietitians, and the CFSM group. I would also like to thank all of the vendors who were at the conference and provided a fabulous Vendor Reception and Vendor Show. The Professional Partners of ACFSA are an integral component of this organization and we do recognize how important they are, and we truly appreciate all of their hard work and contributions. As a member of ACFSA please support our vendors.

### Region Scholarships

In carrying on what Phil started when he was Regional Director, I'm working on building up more contribu-

tions for the Region III Scholarship Fund. Phil had hopes of awarding two conference scholarships in the region. Hopefully we will have saved enough funds by spring and can accomplish Phil's goal. There will be more information on this coming soon.

### Calling all Writers

As you may have noticed, the **INSIDER** is making changes. The Board is taking great strides to improve the magazine and we need your help! The **INSIDER** is our Professional Trade Magazine where members want to see the latest information and technology in the correctional component of the foodservice industry. We have many of the same challenges and obstacles to overcome, and speaking personally, I would like to read about your challenges and learn how you handle those challenges. It seems as though the common issues are diets, budget cuts, personnel cuts, and just plain doing more with less. It is also interesting and helpful to our operations to learn new ideas and technology in our industry. Please consider submitting an article to the Insider. If you have an article or would like more information on submitting an article please contact any of the ACFSA Board Members.

### Laissez les bons temps rouler

#### (Let the Good Times Roll)

As we move into the New Year, it is time to start making plans to attend the 2012 International Conference in New Orleans, Louisiana! I'm excited to see what our VP, Major Jim Beach has in store for us! Having lived in Louisiana for seven years I can tell you that New Orleans is a unique place, and one that you will not forget!

I hope everyone who attended this past conference in Norfolk took the computer survey that went out in September. The information gathered is important and will help with the planning of future conferences. If you have any additional feedback or training ideas for future conferences, please contact any of the ACFSA Board Members.

# REGIONAL REPORTS

## REGION IV

by Laurie Maurino

**G**reetings!

I must take this time to express my appreciation to the ACFSA Organization. I worked in the rural town of Susanville at a state prison in the hospital as a Registered Dietitian for 13 years. A mentor of mine, Dennis Van Amburg, introduced me to ACFSA back in 1997. I have been a member and attended meetings ever since. I became involved in the California State Chapter. I was the Northern Area Representative for three years and then was Chapter President in 2008. Being involved in the chapter took me outside of my comfort zone in doing new tasks. It was a challenge to put together meetings and plan conferences. But it did boost my self-confidence to know I could do these things. I met many people in other areas of Correctional Food Service, like federal prisons and county jails. It is great to see how other organizations run similar food service operations.

I have recently changed jobs and now oversee general population feeding for the California Department of Corrections and Rehabilitation. We serve about 150,000 inmates on a daily basis. In this new position, I have great appreciation for my contacts from ACFSA like Benson Li, Jeff Vickers and Chris Musgrove. It has made my job easier to be able to contact these members, to answer questions and get advice. So my message being, I have made some great friends and contacts in ACFSA. The experience has helped my career path in a positive manner. I encourage all of you to get involved in your local chapter. If you would like to start a chapter in your state, let me know. We have a manual on how to start one.

The California Chapter just had its State Conference on October 16-19, 2011 in Folsom, California. It turned out very well. We had a golf tournament, excellent classes, great vendor participation and a lot of networking. We opened up the vendor show for

free to any correctional food service staff in the area to increase our association visibility. We did get some new members after the vendor show.

The State of California is going through major changes within their correctional system. The Department of Corrections and Rehabilitation has been mandated to decrease their inmate overcrowding. Many non-violent inmates will end up doing their time in a county jail. This realignment has caused much upset and controversy as state prison staff will be laid off and county jails will have to absorb an increased population. This process has just begun so I will keep you informed of its progress.

Please feel free to email me for details on any of the above information at [Laurie.Maurino@cdcr.ca.gov](mailto:Laurie.Maurino@cdcr.ca.gov).

## REGION V

by Paul Fortier, ACFSA Region V Director

**A**s I write this article the weather is great, the leaves are changing colors and shortly after watching out for those goblins, we are gearing up for the Thanksgiving festivities.

As for the Region V, there is still not much to report. The Ontario Chapter is quiet and at this time they are in the very early stages of planning the 2012 Conference. We still have no definite location or date. This should be announced in the near future. I am slowly making contacts with the rest of the region and hopefully will be successful at building other chapters.

In closing, I am asking; if anyone in Region V is interested in being part of a committee, to build a chapter in your area, please give me a call.

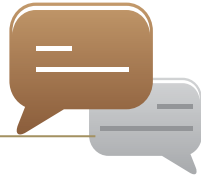
---

# CHAPTER CHATTER

---

## NORTHERN LAKES

by Lt. Tim Thielman, CFSM



Since the last **INSIDER** was published, the Northern Lakes Chapter held two chapter meetings; one on August 17, 2011 at the ACFSA International Conference in Norfolk, Virginia. At that time the new officers stepped up to lead the chapter for the next year. Unfortunately I was not able to attend the ACFSA International Conference, but I have heard only good things about it. Everyone said they had a wonderful time. The other meeting was held on September 26, 2011 at the Indianhead Food Service Distributor's Fall Food Show.

Three Professional Partners attended that meeting. Kerry Jacobson from Mullins Marketing, Jeff Pribyl from Med-diet Inc. and Tom Chapion from Superb Meats. Tom gave us a presentation and overview of his company and the opportunity buys his company offers.

Northern Lakes has very exciting plans for the next year. We have two tentative meetings planned. One is in Minnesota at the Hennepin County Sheriff's office. ACFSA's International VP Elect/Treasurer Phil Atkinson will be the host for this meeting. He has planned a presentation on special diets from Med-Diet Inc. and a small vendor food show. The second meeting is planned for March 2012. I will be hosting that meeting with a tour of my kitchen at Robert E. Ellsworth Correctional Center in Union Grove, Wisconsin. After the tour we will attend the Wisconsin Restaurant Association Expo in Milwaukee, followed by a NL Chapter meeting at the Expo Center. We also will continue to sell our Worm Poop and candy bars as a fundraiser for our scholarship fund.

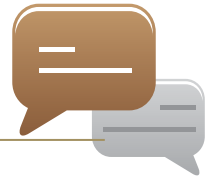
Other big news for our chapter is that we were awarded the ACFSA Chapter of the Year Award at the International Conference in Norfolk. Our Vice

President-Elect, Rick Karl and his teammate Holly Martin from the Michigan Chapter, placed second in the cake decorating contest. Our own Phil Atkinson is now Vice-President Elect/Treasurer on the ACFSA International Board and our Past President Tim Thielman was appointed interim Region III Director. We are very proud of our Northern Lakes ACFSA family!!

I hope everyone has a great winter and a safe happy holiday season.

## VIRGINIA

by Robert Pennix



Wow, we did it!! We worked together as a team and a family and we hosted a great conference. We're now sitting back with our feet up, enjoying the calm. We welcome the new members to our chapter and know that we have to plan our quarterly meetings to accommodate folks from one end of the state all the way to the other – about an 8 hour distance. It'll be a challenge to keep everybody together but we'll figure it out.

There are so many people who helped with the conference. To our vendors who contributed time and/or monetary donations we say a big "thank you". To our members who gave so much of their time and energy, we say "thank you" as well. Where would our association and our chapter be if folks didn't answer the call to volunteer?

The VA chapter is meeting in October. As always, we expect a good turnout, good training and good fun.



## *Integrity*

Integrity is what people do when no one else is looking. It is total commitment to honesty in every aspect of a person's life. Integrity goes to the core of conduct, what people believe in their heart of hearts. It cannot be bought, claimed, or bestowed. It does not come with office, title, or appointment. It simply exists. The person who has integrity rarely claims it. The person who claims it rarely has it. Integrity is best manifested quietly in day-to-day living and in the workplace. It cannot be stolen or taken away; however, it can be lost. Integrity is more valuable than riches, awards, or world acclaim. It should be treasured above all things, for after integrity comes decency, honor, trust, and principle.

—Mr. Jere Joiner, Retired Captain,  
Shreveport, Louisiana, Police Dept.

*Reprinted with Permission  
from the October 2011 FBI Law Enforcement Bulletin*

## ***VENDORS, ARE YOU MISSING OPPORTUNITIES?***

### ***Professional Partner Message***

*by Mike Robertson*



**T**oo often, I concentrate on food service professionals who are my customers and neglect to talk directly to other vendors. As Professional Partner Representative for Equipment, it is my responsibility to communicate with vendors to help with your contact with ACFSA members.

If you are reading this article, chances are you are already a Professional Partner with ACFSA. If so, you are familiar with our International Conference held each year. 2012 will be a great opportunity to meet with Correctional Food Service Professionals in New Orleans. Conference dates are already set for August 25 – 29, 2012 at the newly rebuilt Hyatt Regency. Watch for information in coming months.

But there are many additional opportunities throughout the year that we may be missing. Regional ACFSA Chapters around the country hold meetings that often include vendors. In a time of tight budgets not only for correctional facilities but for vendors as well, what better way to meet with multiple food service professionals from one or even multiple States all in one location? In most cases, vendors who belong to ACFSA are welcome at the meetings to learn, network and possibly conduct a product presentation or demonstration.

For vendors new to ACFSA or if you just want updated information, you can contact me or Rick Morris who is your Professional Partner Representative for Food. Our contact information is located at [www.acfsa.org](http://www.acfsa.org) under Board on left hand side.

**GET THE MOST FROM YOUR ACFSA MEMBERSHIP. DON'T MISS OUT ON OPPORTUNITIES!**

# ACFSA Board of Directors

2011-2012



**President**  
**Benson Li**  
 Los Angeles County  
 Sheriff's Department  
 Los Angeles, CA  
 (213) 893-5109  
 BPLi@lasd.org



**Secretary**  
**Robin Sherman**  
 Canteen Services  
 Saginaw, MI  
 (616) 745-2044  
 rsherman@canteenservices.com



**Region IV Director**  
**Laurie Maurino, RD**  
 High Desert State Prison  
 Susanville, CA  
 (916) 327-2828  
 laurie.maurino@cdcr.ca.gov



**Vice President**  
**Jim Beach**  
 Orleans Parish Criminal  
 Sheriff's Office  
 New Orleans, LA  
 (504) 827-8529  
 BeachR@opco.org



**Region I Director**  
**Linda Shear MS, RD**  
 Dietitian, VADOC Food Service  
 Richmond VA  
 (804) 840-7634  
 Linda.Shear@vadoc.virginia.gov



**Region V Director**  
**Paul Fortier**  
 Elgin-Middlesex Detention Centre  
 London, Ontario, Canada  
 (519) 686-1922 ext. 240  
 paul.fortier@ontario.ca  
 paul.v.fortier@hotmail.ca



**Vice President-Elect/Treasurer**  
**Phil Atkinson**  
 Hennepin County Sheriff's Office  
 Minneapolis, MN  
 (612) 596-8039  
 philip.atkinson@co.hennepin.  
 mn.us



**Region II Director**  
**Frank Shelton**  
 Madison Parish Sheriff's  
 Department  
 Tallulah, LA  
 (318) 574-0584  
 Fas\_Daddy@yahoo.com



**Professional Partner  
 Representative**  
**Michael Robertson**  
 Jones Zylon Company  
 West Lafayette, OH  
 (800) 848-8160 ext. 112  
 miker@joneszylon.com



**Past President**  
**Jim Hartman, CDM, CFPP**  
 Albemarle-Charlottesville  
 Regional Jail  
 Charlottesville, VA  
 (434) 981-5168  
 hartmanj@acrj.org



**Region III Director**  
**Lt. Tim Thielman**  
 Ramsey County Corrections  
 Saint Paul, MN  
 (651) 266-1498  
 tim.thielman@co.ramsey.mn.us



**Vendor Liaison (Food)**  
**Rick Morris**  
 Preferred Meal Systems  
 Braselton, GA  
 (678) 936-6637  
 rdmorrisga@windstream.net



**Executive Director**  
**Jon Nichols**  
 Association of Correctional  
 Food Service Affiliates  
 Burbank, CA  
 (818) 843-6608  
 jnichols@emaoffice.com

## Committee Chairs

2011-2012

**CCFP and Advisory Committee**  
**Teddie Mitchell**  
 (715) 460-4878  
 Teddie.Mitchell@co.shawano.  
 wi.us

**Education Committee**  
**Nancy Porter**  
 (919) 618-1347  
 nporter2@nc.rr.com

**Dietitians in Corrections**  
**Barb Wakeen**  
 (330) 284-2269/ (330) 499-1715  
 bwakeen@neo.rr.com

**Professional Alliance**  
**Joe Montgomery**  
 (618) 664-4364  
 joe.montgomery@wolfcreek.net

**Membership Committee**  
**Cindy Burns**  
 (989) 239-3779  
 cburns1951@gmail.com

**2012 Conference**  
**Jim Beach**  
 (504) 827-8529  
 beachr@opco.org

**Publications Committee**  
**Barbara Holly**  
 (334) 567-4094  
 barbaraholly@bellsouth.net

**Scholarship Committee**  
**Patti Whitlock**  
 (203) 824-4174  
 design.spec@snet.net



## Regional Vendor Liaisons

## Food & Equipment

**Region I**  
**Ann Ortiz**  
 Good Source Solutions  
 Carlsbad, CA  
 (760) 746-7587  
 ann@goodsource.com

**Region II**  
 Open

**Region III**  
**Carrie Aldrich**  
 CJ Foods  
 Eden Prairie, MN

**Region IV**  
**Gil Hines**  
 Good Source  
 Carlsbad, CA  
 (800) 735-4319  
 gil@goodsource.com

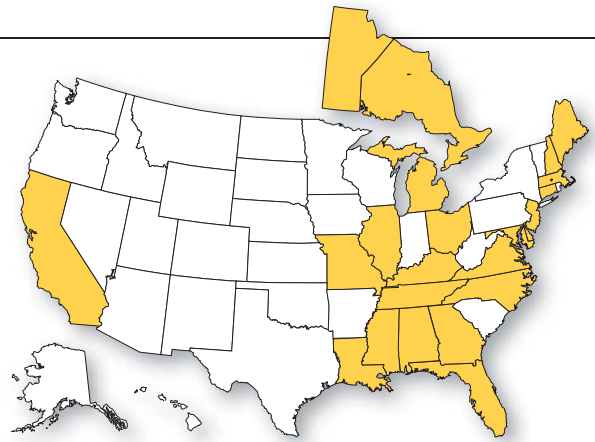
**Region I**  
 Open

**Region II**  
**Kevin Woods**  
 Hobart/Traulsen  
 Chamblee, GA  
 (770) 458-2361  
 kevin.woods@hobartcorp.com

**Region III**  
**Max Lecaros**  
 Cooks Direct  
 Warrentville, IL

**Region IV**  
**Bud Chambers**  
 Cambro Manufacturing Co.  
 Dewey, AZ  
 (928) 759-0807  
 camman@northlink.com

# Chapter Presidents & State & Provincial Contacts



## U.S.A.

### ALABAMA

Janice Bendolph  
Tuscaloosa County Jail

### CALIFORNIA

Don Perkins  
State Prison, Corcoran

### CONNECTICUT

Michael Gaughran, CCFP  
York CI

### DELAWARE/MARYLAND

Nina Hoy  
Maryland Correctional Institute, Jessup

### FLORIDA

Open

### GEORGIA

Charles Barnes\*  
Macon State Prison

### ILLINOIS

Helen Lewis, RD, LD  
Cook County DOC

### KENTUCKY

Larry Parshall  
Kenton County Detention Center

### LOUISIANA

M. R. J. Beach, II, CCFP  
Orleans Parish Sheriff's  
Department

### MAINE

Spencer Smith  
Maine State Prison

### MASSACHUSETTS

Chris Gendreau, CCFP, CFMS  
Massachusetts DOC

### MICHIGAN

J. Kevin O'Brien  
MDOC Coldwater Complex

### MISSISSIPPI

Steven C. Holtz  
Mississippi DOC

### MISSOURI

Juanita Avery  
St. Charles County DOC

### NEW HAMPSHIRE

Jeffrey Perkins  
New Hampshire DOC

### NEW JERSEY

Yvette Knox\*  
River Front State Prison

### NORTH CAROLINA

James Maher\*  
Durham Correctional Center

### NORTHERN LAKES

Diane Burczyk  
Wisconsin DOC

### OHIO

Vivian Hawkins, CCFP\*  
Ohio Dept. of Rehabilitation & Correction

### TENNESSEE

Ronda Walters  
Hardin County Correctional Facility

### VIRGINIA

Carla White  
Rappahannock Juvenile Center

## CANADA

### ONTARIO

Steven Morgan\*  
Toronto Jail



Visit [www.ACFSA.org](http://www.ACFSA.org) for the Membership Roster!

Membership is required for access.

Call ACFSA Headquarters if you want  
contact information for any of the Chapters above  
**(818) 843-6608**

\* Chapter President

## ACFSA Regions

If you are an ACFSA member from outside the United States and do not know what ACFSA region you are in, call the Headquarters office for answers at (818) 843-6608.

### Region I

Connecticut	New Hampshire	Vermont
Delaware	New Jersey	Virginia
Maine	New York	Washington DC
Maryland	Pennsylvania	West Virginia
Massachusetts	Rhode Island	

### Region II

Alabama	Louisiana	Tennessee
Arkansas	Mississippi	Texas
Florida	North Carolina	Virgin Islands
Georgia	Oklahoma	
Kentucky	South Carolina	

### Region III

Illinois	Minnesota	South Dakota
Indiana	Missouri	Wisconsin
Iowa	Nebraska	
Kansas	North Dakota	
Michigan	Ohio	

### Region IV

Alaska	Idaho	Utah
Arizona	Montana	Washington
California	Nevada	Wyoming
Colorado	New Mexico	
Hawaii	Oregon	

### Region V

Canada

# NEW ACFSA MEMBERS

## **Associate Professional**

Anna Maria Di Gicco  
Fiore Di Pasta Inc.  
Fresno, CA

Wayne Moeller  
Ecolab, Inc.  
St. Paul, MN

Raul Perez  
Community Education Centers, Inc.  
Waco, TX

Jeffrey P. Ridge  
California State Prison - Sacramento  
Folsom, CA

William Wade  
Community Education Centers  
Big Spring, TX

Marilyn Khan  
Alladin Temprite Canada  
Toronto, ON

James McCarter  
McCarter I.K.D.V.S.  
Greenville, SC

Guy Moyers  
Old Dominion Spice Company  
Ashland, VA

Terry Potts  
Tasty Selections  
Concord, ON

James Rancourt  
Vantage B2B  
Avon, CT

## **Food Service Professional**

Barbara Duncan  
Humboldt County Sheriff Office  
Detention Center  
Winnemucca, NV

William Hooven  
Pocahontas State Correctional  
Center  
Woodlawn, VA

Ed Marinelli  
Contra Costa County  
Office of the Sheriff  
Richmond, CA

Jerry McQuaig  
Green Rock Correctional Center  
Chatham, VA

Carl Miller  
Polk Correctional Institution  
Butner, NC

Joan Pelletier  
RHQ Prairies Institution  
Saskatoon, SK

Brian Wynn  
California CDCR  
Avenal, CA

## **Professional Partner**

Mike Breen  
Diversey  
Oakville, ON

Mark Cooper  
Unilever Food Solutions  
Toronto, ON

Gord Doraty  
Maple Leaf Foodservice  
Mississauga, ON

Raffi Ghazalian  
Alasko Foods  
Montreal, QC

Gil Hines  
Good Source Solutions  
Carlsbad, CA

Craig Snyder  
Opportunity Sales Paper Division  
Miami, FL

George Stamatakis  
European Quality  
Meats & Sausages  
Brampton, ON

Johnson Tran  
Cardinal Meat Specialists  
Mississauga, ON

David Tunstall  
High Liner Foods  
Concord, ON

Steve Wilkinson  
Garland Canada  
Gores Landing, ON



**JOIN US NEXT YEAR IN  
NEW ORLEANS, LOUISIANA  
2012 ANNUAL INTERNATIONAL CONFERENCE**



**HYATT REGENCY NEW ORLEANS  
AUGUST 19-23, 2012**





# A Membership Opportunity for You!

*The ACFSA is an International Professional Association created to serve the needs and interests of Foodservice Personnel in the correctional environment. The Association brings together highly-skilled Foodservice Professionals who are interested in the common goal of providing nutritious, cost-efficient meal service for confined populations.*

**B**y joining ACFSA, you will keep up-to-date on trends in the industry through INSIDER magazine and other special mailings. At ACFSA conferences, you will sharpen your leadership and management skills, as well as gather practical information to put to use in your daily operations. ACFSA publications and conferences will also expose you to new ideas concerning foodservice equipment, food products, specialized services, cost management and many other topics that are important to you. You will meet other professionals in your field with whom you will be able to exchange information and experiences and build a network of contacts who can be called upon--a network that includes many of the top correctional food professionals throughout the United States, Canada and a growing number of other countries. You will also be supporting ACFSA's effort to strengthen and increase recognition of correctional foodservice personnel as professionals.

## Membership Options

### Professional Foodservice Member:

Persons actively engaged in correctional food or farm service operations is eligible to become a professional foodservice member. Professional foodservice members may vote for and hold Exec. and Reg. Director positions on the Board of Directors. **Annual dues: \$79**

### Institutional Member:

Correctional Facilities. The membership is not carried in the name of a specific person, but the institution is entitled to privileges of active membership by appointing a representative who has the power of one vote for and may hold Executive or Regional Director positions on the Board of Directors. **Annual dues: \$134**

### Retired Member:

Retired correctional foodservice professionals who are not currently industry consultants, manufacturers' representatives or employed in any capacity by Companies that could potentially sell to correctional foodservice professionals. Retired members may vote for Executive or Regional Director positions on the Board of Directors. **Annual dues: \$34**

### Professional Partner:

Companies providing products/services that can be used in the correctional foodservice environment. Professional Partners may vote for and hold the office of Professional Partner Representative on the Board of Directors. **Annual dues: \$384**

### Associate Professional Partner:

Individual employees or representatives of Professional Partner companies who want to receive all Association's mailings. Associate Professional Partners may vote for and hold the office of Professional Partner Representative on the Board of Directors. Manufacturers' Representatives may become Assoc. Professional Partners, in conjunction with a Professional Partner Co. if they use the membership to sell that professional partner's products only and are listed under that company's name only. **Annual dues: \$109**

### Chapter Professional Partner:

Those companies that target a limited geographic area. Chapter Professional Partners will receive ACFSA's quarterly INSIDER Magazine, but not the International Membership Directory. They may not vote for or hold international office. They may participate in Regional or International Conferences without submitting Professional Partner membership dues or registering as a non-member Professional Partner if the conference falls within the geographic limits of their chapter. **Annual dues: \$159**

## Benefits of Membership

- Education programs which qualify for credit in the Certified Correctional Foodservice Professional (CCFP) program as well as a variety of other continuing education and certification programs.
- Reduced rates for ACFSA certification and recertification (CCFP).
- Participation in state and regional educational seminars and conferences at reduced rates.
- Professional, high-quality membership certificate and card.
- Participation in the Association's International Conference and trade show at reduced rates.
- Subscription to ACFSA's quarterly INSIDER magazine, with news pertaining to correctional foodservice activities of the Association and your fellow members, as well as industry-specific educational articles.
- Membership in the growing network of state chapters.
- Communication regarding professional and organizational matters with your designated state representative.
- Listing in the National Membership Directory--which includes you and all other individual members, institutional members and professional partners--in a convenient networking-index format with address, phone, fax, e-mail and web site information.
- Reduced rate on purchase of the ACFSA Food Service Manual, a practical guide for providing high quality food service, which was written by professionals for correctional and detention facility staff.
- Eligibility to apply for one of the annual ACFSA Scholarships of up to \$750, to finance continuing education and related professional development activities including attendance at conferences.
- Eligibility to apply for professional recognition awards (up to \$1000 to be used to attend the International Conference.)

**REGISTER TODAY!**

FORM ON BACK



# ACFSA MEMBERSHIP APPLICATION

Simply fill out this Application and forward with dues to ACFSA Headquarters.  
(Check, Money Order, Visa, MasterCard, American Express)

Name \_\_\_\_\_  
 Title \_\_\_\_\_  
 Facility/Organization \_\_\_\_\_  
 Phone \_\_\_\_\_ FAX \_\_\_\_\_  
 Email Address \_\_\_\_\_  
 Directory Address \_\_\_\_\_  
 Preferred Mailing Address (if different from above) \_\_\_\_\_  
 Preferred Billing Address (if different from above) \_\_\_\_\_  
 Recruited By \_\_\_\_\_

Employed by (for Food Service Professional Active and Institutional Members only):  
 Federal  State/Prov.  County  Private  Other \_\_\_\_\_

**ACFSA ANNUAL MEMBERSHIP DUES (IN U.S. FUNDS) Check box of Member Type Below**

\* Depending on the month you join ACFSA, your dues may be prorated. Dues for members joining after March of the current Calendar year will include the remainder of the current Calendar Year AND the following FULL Calendar Year.  
 Example: If joining in June of 2011, Dues will be paid through December of 2012

Member Type Check One	January-March	April-June	July-September	October-December
<input type="checkbox"/> <b>Food Service Professional</b>	<b>\$79</b>	<b>*\$139</b>	<b>*\$119</b>	<b>*\$99</b>
<input type="checkbox"/> <b>Institutional</b>	<b>\$144</b>	<b>*\$252</b>	<b>*\$216</b>	<b>*\$180</b>
<input type="checkbox"/> <b>Retired</b>	<b>\$39</b>	<b>*\$69</b>	<b>*\$59</b>	<b>*\$49</b>
<input type="checkbox"/> <b>Professional Partner</b>	<b>\$384</b>	<b>*\$672</b>	<b>*\$576</b>	<b>*\$480</b>
<input type="checkbox"/> <b>Associate Professional Partner</b>	<b>\$119</b>	<b>*\$208</b>	<b>*\$179</b>	<b>*\$149</b>
<input type="checkbox"/> <b>Chapter Professional Partner</b>	<b>\$169</b>	<b>*\$296</b>	<b>*\$254</b>	<b>*\$211</b>

**Total Amount Due \$** \_\_\_\_\_

Check Enclosed (Made Payable to ACFSA) Check # \_\_\_\_\_  Money Order Enclosed  
 Credit Card Payment:  VISA  MasterCard  American Express

Cardholder's Name \_\_\_\_\_  
 Card Number \_\_\_\_\_ Exp. Date \_\_\_\_\_  
 Billing Address \_\_\_\_\_  
 V-Code \_\_\_\_\_ V-Code is the 3 Digit Code on the back of Visa and M/C or the 4 Digit Code on the front of AmEx

Authorized Signature \_\_\_\_\_

**PLEASE SEND COMPLETED APPLICATION WITH PAYMENT TO:**

ACFSA, 210 N. Glenoaks Blvd., SUITE C, Burbank, CA 91502

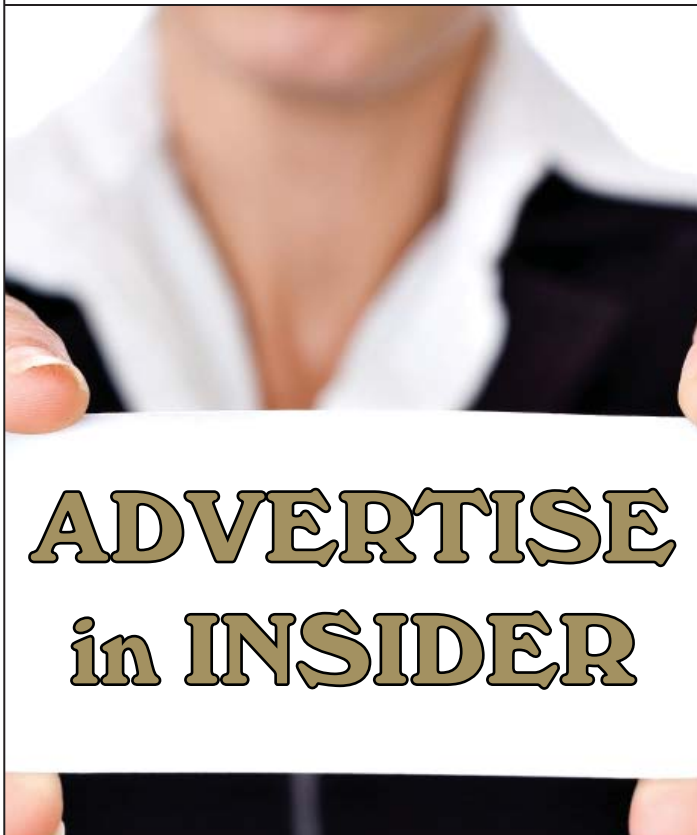
Credit Card Payments May be FAXED to (818)843-7423 • **Questions? Call (818)843-6608**

\* Depending on the month you join ACFSA, your dues may be prorated. Dues for members joining after March of the current Calendar year will include the remainder of the current Calendar Year AND the following FULL Calendar Year.  
 Example: If joining in June of 2011, Dues will be paid through December of 2012

# INSIDER

## ADVERTISER INDEX

Canteen Correctional Services . . . . .	4
www.compassgroupcareers.com	
Federal Supply USA . . . . .	3
www.federalsupply.com	
Foodservice Express . . . . .	7
www.FoodserviceExpress.com	
FWE. . . . .	Back Cover
www.FWE.com/go/acfsa1	
Kitchen Corps . . . . .	Inside Back Cover
www.kitchencorps.com/	
The Salvajor Company	Inside Front Cover
www.salvajor.com	



**ADVERTISE  
in INSIDER**

**Call 818-843-6608**

## Inside INSIDER

► INSIDER Editors:  
**Barbara Holly, CCFP, CDM, CFPP**  
and **Chris Althaus**

INSIDER is published four times annually by the Association of Correctional Food Service Affiliates.

The Fall issue mails in September, the Winter issue mails in December, the Spring issue reaches your mailbox in March, and the Summer issue will arrive in June. We welcome any suggestions or articles for future issues.

### Editorial Statement and Procedure

The mission of the Association of Correctional Food Service Affiliates (ACFSA) is to develop and promote educational programs and networking activities to improve professionalism and provide an opportunity for broadening knowledge.

Statements of fact and opinion in this publication are the responsibility of the authors alone and do not imply an opinion on the part of the members, directors, or staff of ACFSA. The Association reserves the right to edit submissions. Materials may not be reproduced without written permission, so please obtain permission to reprint from its source when submitting an article.

### To submit an article for the Spring 2012 Issue:

1. Please send via e-mail by January 15, 2012 to:

#### ACFSA—INSIDER

Barbara Holly, e-mail: [barbaraholly@bellsouth.net](mailto:barbaraholly@bellsouth.net) or

Chris Althaus, e-mail: [Christine.Althaus@wisconsin.gov](mailto:Christine.Althaus@wisconsin.gov)

2. ACFSA does not guarantee that submitted articles will be published. Articles may be edited, and placement is determined by the editor.
3. You may also include a photograph, simple graphics, charts, or pictures that you think may be useful to the article.
4. If you have submitted or will submit the article to other publications, please notify us at the time of submission of the publication name, editor, and phone number.

## Letters to the Editor

Please email your articles submissions and/or comments to the editors:

*Christine Althaus:*

**Christine.Althaus@wisconsin.gov**

or to *Barbara Holly:*

**BarbaraHolly@bellsouth.net**

Please specify that you are contacting us regarding the "Letters to the Editor" column.

INSIDER reserves the right to edit submissions for clarity and space.





**Kitchen Corps, Inc.**  
TEMPORARY KITCHEN FACILITIES



**CONSTRUCTION, RENOVATION, DISASTER...**  
**Temporary Kitchens Keep Correctional Facilities Fed & Functioning**

When a fire recently destroyed a dining facility in the Northeast, the director of food services picked up the phone and ordered a temporary kitchen from Kitchen Corps as easily as if he were ordering a pizza.

**Kitchen Corps, Inc.**



[www.kitchencorps.com](http://www.kitchencorps.com) **757.487.8977**



Scan The QR Code



COOK | HOLD | TRANSPORT | SERVE

# WE'VE GOT WHAT IT TAKES

FWE has everything prison foodservice operations need to run more efficiently and effectively.

[Sales@fweco.net](mailto:Sales@fweco.net) • 800.222.4393 • [www.FWE.com/go/acfsa3](http://www.FWE.com/go/acfsa3)