

Networking Luncheon Highlights



By Barbara Wakeen, MA, RDN, LD, CCFP, CCHP

Dietitians in Corrections held their annual Networking Luncheon at the ACFSA International Conference in Niagara Falls, NY. A special THANK YOU to Good Source Solutions for their sponsorship of the luncheon meeting and their continued support. Our room was full with some new and many familiar RDs, RDNs, and DTRs in attendance. We had first time ACFSA attendees and newcomers to corrections – welcome new ACFSA members Renee Hinojosa MDS, RDN, LD and Millie Smeltzer, DTR. Also, welcome back Nancy Guppy, RD and Joanne Zacharias, MS, RD, LDN who had retired from corrections and both recently came back to work in corrections. Networking is about seeking and sharing knowledge, and that we did! Items of discussion included milk vs. liquid supplements when costs were comparable, milk alternates, calorie levels offered on menus, number of hot and cold meals, types of diets, state standards, child nutrition, dietary guidelines and more! I gave a brief update of the Child Nutrition Regulation activities as Marlene Tutt, MS, RDN and I presented a session in detail on Updates in Child Nutrition following the luncheon. For more than a year, Laura Donnelly, RD, LD, Marlene and I have been in commu-

nication with USDA, the Academy of Nutrition and Dietetics' Washington DC office, School Nutrition Association (SNA), the National Commission on Correctional Health Care (NCCHC) and other supporting organizations for support on altering the regulations with regard to corrections and Residential Child Care Institutions (RCCIs). Nothing has been confirmed or decided to date, but one of the options suggested to us was to move the RCCIs from the USDA National School NSLP/SBP to USDA Child and Adult Care Food Program (CACFP). There are many considerations in doing this, but the point that stands out most is that there is no cap on the amount of calories offered at meals where now we are limited to 600 and 850 calories respectively for breakfast and lunch. Look for updates on this in future communications. The diagram on the next page depicts the entities involved and the communications.

The Academy of Nutrition and Dietetics (Academy) and Dietetics in Health Care Communities (DHCC) are publishing a joint extended care diet manual that will incorporate information useful in corrections. I was contacted recently to give input on this project.

Continued on Page 11

To date, the outline has been approved. Just recently I received an e-blast from DHCC for input from membership. If you are a DHCC member, take time to acknowledge this and provide input.



Laurie Maurino, RD addressed the concern of sponsorships to the Academy of Nutrition and Dietetics by soft drink companies such as Coca Cola. She encouraged the group to voice concerns to the Academy. This has been an ongoing discussion since last year and continues to be a hot topic. While most connect Coca Cola to soft drink products, they do produce many other non-cola beverages and food items, such as bottled, vitamin and flavored waters, sports drinks and bars, fruit juices and breakfast shakes.

We all appreciate the value of sponsorships and marketing in the success and growth of organizations and in roles as dietitians. Sponsorship and marketing are our means to education of products and services that help us to be successful as dietitians. From the Academy web site, the top five sponsors of the Academy are:

- Abbott Nutrition
- National Dairy Council®
- The Coca-Cola Company Beverage Institute for Health & Wellness
 - Coca Cola offers more than 500 products including fruit juice and bottled water.
- PepsiCo
 - PepsiCo offers more than 850 products including flavors. Pepsico offers brands marketed as 'good for you' and 'better for you' including oatmeal, fruit juice and baked chips.
- Unilever

For more information on Academy sponsorship visit: www.eatrightpro.org/resources/about-us/advertising-

and-sponsorship/meet-our-sponsors

DHCC activities for FNCE and membership information for the Corrections Sub-Unit were shared (see below).

One of our members, Nina Hoy who is also retired, attended the conference, but missed out on many of the festivities including the luncheon. Thoughts and prayers go out to Nina who arrived at the conference healthy and took a fall early on, resulting in a broken knee and finger, and other injuries. We missed you Nina and wish you a speedy recovery! During this time, her daughter was admitted to hospice. Fortunately, Nina was able to make it home to see her before her passing.

Continuing Education Credits

As a reminder to all RD/RDN/DTRs, you can get more than a year's worth of CPEUs at this conference. Credits are hour-for-hour attendance based on the sessions you attended. Just as with other educational events, track your hours according to what you attended. Exhibits count too. Don't forget to keep your certificate of attendance and conference program book for your records.

ACFSA Networking Discussion Group Information

If you would like to be added to the Dietitians in Corrections networking listserv, please email me directly at bwakeen@neo.rr.com. This is an informal discussion group and your name/email address will be listed in each email sent to the group. You do not have to be a dietitian to be on the list.

DHCC EML

Dietetics in Health Care Communities (DHCC) has an electronic mailing list (EML) for the Corrections Sub-Unit. To participate, one must be a DHCC member, which requires one to be a member of the Academy of Nutrition and Dietetics as well. Emails communicated through this group are sent through a private email address for DHCC members only. To join, visit www.DHCCdpg.org or contact Julie Driscoll at jdriscoll@bop.gov. There are many member benefits including networking, publications and continuing education credits.