

Dietitian's Corner

By Barbara Wakeen, MA, RDN, LD, CCFP, CCHP

Dietitians in Corrections held their Annual Networking Luncheon at the ACFSA International Conference in St Louis. A special THANK YOU to GoodSource Solutions for their continued support and sponsorship of the luncheon meeting.



We had twenty-one RD/RDNs in attendance, including a few first time ACFSA attendees – welcome new ACFSA members! The ‘hot topic’ was the concern of sponsorships to the Academy of Nutrition and Dietetics by soft drink companies such as Coca Cola and PepsiCo. While these companies are mostly recognized for their soft drink products, they do produce healthy alternatives as well, such as bottled, vitamin and flavored waters, sports drinks and bars, fruit juices and breakfast shakes. If one is or has been active as a board or committee member in any organization, one can appreciate the value of sponsorships in the success and growth of the organization. Sponsorship is one of many means to market products and provide resources for RD/RDNs to use in their practices.

While the discussion started as a concern, given the familiar face of the products most relate to from these companies, the concern was countered with successes of clients /patients reducing intake of regular soft drinks, switching to diet version or the other

less sugary beverages these companies offer. Coca Cola offers more than 500 products and PepsiCo offers more than 853 products (including flavors).



Marlene Tutt, MS, RD shared Dietetics in Health Care Communities (DHCC) activities and membership information for the Corrections Sub-Unit. If you are interested in joining DHCC, contact Marlene at lenetutt@yahoo.com.

Dietitians shared their expertise throughout conference. For those who missed the conference... Laurie Marino, RD, Christine Berndt-Miles, RD, CD, Robin Norris, RDN, LD and I participated on the **Ask the Dietitian Panel** discussion which was heavily set on religious diets. We had many audience contributors as well - Thank you to all who contributed and shared your expertise and practices!

Marlene Tutt, MS, RD and Laura Donnelly, RD, LD, CD presented **Managing Juveniles under the New Nutrition Regs: An Update**. They shared latest happenings with the NSLP/SBP Child Nutrition program and our challenges in Corrections meeting the requirements.

Paulette Johnson, MS, RD, Connie Shaff MS, RD, LD and Connie O'Connor RD joined Phil Atkinson in a panel presentation on **Allergy Management in the Institution** for their respective agencies.

Catherine Vandermer, RD of the National Restaurant Association presented with Lt. Tim Thielman on **A Real Success Story on Recidivism Reduction**.

Tara Todd, RD, LD, a local clinical dietitian, shared her expertise on **Celiac and Gluten Management**. The on-site offering of The Allergy Training /Certification Course was an added plus as part of the conference fees. This course presented points of interest we must all consider in our operations. I hope this will be a continued offering at future conferences.

For all who presented this year, thank you for sharing your expertise to help so many others be successful in their operations.

Continuing Education Credits

As a reminder to all RD/RDNs, you can get more than a year's worth of CPEUs at this conference. Credits are hour-for-hour attendance based on the sessions you attended. Exhibits count too. Don't forget to keep your certificate of attendance and conference program book for your records.

Meetings and Conferences

(NCCHC and FNCE are the same dates this year)

NCCHC

October 18 - 22, 2014

Las Vegas, NV

www.ncchc.org

Academy of Nutrition and Dietetics - FNCE

October 18 - 22, 2014

Atlanta, GA

www.eatright.org

DHCC Activities at FNCE

PreFNCE Workshop Saturday, October 18th 7 am – 3 pm

Omni at CNN Center - International Ballroom F

Member Reception Saturday, October 18th 6:30 – 8:00 pm

Omni at CNN Center - International Ballroom ABC

Sub-Unit Meeting Sunday, October 19th 5-6:30 pm

Marriott Marquis - M304

ACFSA Membership Information

If you would like to be added to the Dietitians in Corrections networking listserv, please email me directly at bwakeen@neo.rr.com. This is an informal discussion group and your name/email address will be listed in each email sent to the group. You do not have to be a dietitian to be on the list.

Dietetics in Health Care Communities (DHCC) has an EML for the Corrections Sub-Unit. To participate, one must be a DHCC member, which means being a member of the Academy of Nutrition and Dietetics as well. Emails communicated through this group are sent through a private email address for DHCC members only. To join, visit www.DHCCdpg.org or contacts Marlene Tutt at lenenutt@yahoo.com. There are many member benefits including networking, publications and continuing education credits.

