

## Dietitian's Corner



# DIC Networking Luncheon

*By Barbara Wakeen, MA, RD, LD, CCFP, CCHP*

**H**appy Fall Everyone!

It seems like we were just in Reno yesterday! If you attended this conference, you know how spectacular it was – Kudos to Laurie Marino, RD as the conference chair person. If you were unable to attend, the agenda was filled with multiple presentations on hot topics including specialists on Allergies, Child Nutrition, HACCP, Religious Diets, Time Management, Equipment and more.

The Dietitians in Corrections (DIC) Networking Luncheon, sponsored by Good Source Solutions, entertained 21 RDs and one guest. I would like to thank Good Source Solutions for their generosity and helping our meeting to be a success!

We had many first time attendees from Tennessee, California, Illinois, Washington, Maryland and Colorado – welcome! It was so nice to finally meet many of you in person after many email communications through the years.

The luncheon included lively discussions as always including achieving the 2300 mg Na per the Dietary

Guidelines, the nutrients used for nutritional analysis, the new Child Nutrition regulations and calorie levels.

Marlene Tutt, MS, RD, DHCC Corrections Sub-unit Chair – presented information on DHCC membership, FNCE and Pre-FNCE events. If you are attending FNCE and DHCC's events, **take advantage of the early bird package discount for the DHCC Reception and PreFNCE events.** Visit the DHCC web site at [www.DHCCdpg.org](http://www.DHCCdpg.org) for details of all the events.

Our meeting was followed by a 3-part Dietitian's Track presented by Ellen Karlin, MMSc, RD, LDN, FADA on "*Deciphering Food Allergies: Working with allergies within an institution*" and Mitchell Holliday MS, MEd, RD, CDE, on "*Food Allergies, Law Screening and Management*" and "*Nutrition Programming: Past, Present and Future*".

*Continued on bottom of Page 12*



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### Dietitian's Corner (Continued)

#### Upcoming Conferences

##### **FNCE**

**Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo**

**October 19-22, 2013**

**Houston, TX**

[www.eatright.org](http://www.eatright.org)

##### **DHCC Events at FNCE**

**PreFNCE – October 19th**

**Reception – October 20th**

**Sign up for PreFNCE and the Member Reception by September 15 and save!**

**Corrections Sub-Unit Meeting – October 21<sup>st</sup>**

[www.DHCCdpg.org](http://www.DHCCdpg.org)

##### **NCCHC**

**National Conference on Correctional Health Care**

**October 26-29, 2013**

**Las Vegas, NV**

[www.ncchc.org](http://www.ncchc.org)

#### Membership Information

If you would like to be added to the Dietitians in Corrections networking listserv, please email me directly at [bwakeen@neo.rr.com](mailto:bwakeen@neo.rr.com). This is an informal discussion group and your name/email address will be listed in each email sent to the group. You do not have to be a dietitian to be on the list.

If you are interested in joining the DHCC Corrections Sub-unit or if you are already a member and want to subscribe the DHCC EML or be listed in the directory, visit the DHCC web site at [www.dhccdpg.org](http://www.dhccdpg.org) or contact Marlene Tutt at <[lenetutt@yahoo.com](mailto:lenetutt@yahoo.com)>. Emails communicated through this group are sent through a private email address for DHCC members only.